

THEODOROS PESIRIDIS
Assistant Professor of Community Nursing
Sector of Public Health
Department of Nursing, National and Kapodistrian University of Athens (NKUA)
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TEACHING

Undergraduate Courses

1. Community Nursing I, 3rd semester
2. Community Nursing II, 6th semester
3. Introduction to Nursing, 1st semester

Postgraduate Courses

1. Community Nursing for Healthy Population Groups, 2nd semester
2. Community Nursing for Patient Population Groups, 3rd semester
3. Organization of Educational Programs in the Community, 3rd semester
4. Public opinion management in crises and emergency situations, 3rd semester

EDUCATION

- **PhD in Nursing**, Department of Nursing, National and Kapodistrian University of Athens, 2013
- **Master's Degree**, Specialization in *Community Nursing*, Department of Nursing, National and Kapodistrian University of Athens, 2009
- **Bachelor's Degree**: Department of Nursing, National and Kapodistrian University of Athens, 2007
- **Bachelor's Degree in Nursing**: Athens Technological Educational Institute (now University of West Attica), 1997
- **Postgraduate Training**: European Academy of Nursing Science (EANS), 2011–2013

RESEARCH INTERESTS

1. Community Nursing
2. Home Health Care
3. Crisis and Disaster Nursing Management
4. Health Impacts of Climate Change
5. Community Educational Programs and Health Education
6. Prevention and Health Promotion
7. School Nursing
8. Communication in Primary Health Care
9. Management of Chronic Diseases
10. Care of the elderly and vulnerable populations

RESEARCH PROJECTS

(selected)

Funded Studies

- **PROJECT:** “Development of a standard quality model in health education, self-care, and rehabilitation of patients with neoplasms.” Project Code (OPS ERGORAMA): 339464, Ministry of Health and Social Solidarity, NSRF 2007–2013. Duration: 2011–2012.
- **PROJECT:** “Development of an Integrated System of the Hellenic Red Cross with General Hospitals in Athens and Thessaloniki.” Post-hospital Health Care for Patients from Socially Vulnerable Groups. Networking of Primary Health Care Nursing Services and Hellenic Red Cross Nursing Volunteers. Project Code (OPS ERGORAMA): 374850. Duration: 2013–2015.
- **PROJECT:** “European curriculum for family and community nurse (ENHANCE Project).”
“Mapping the competencies of Community and Family Nurses in the European Union for the development of common competencies in Community Nursing across European countries.” Duration: 2018–2020.
- **PROJECT:** *Climate change and healthy AgeinG: co-creating E-learning for resilience and adaptation* (chAnGE project). Erasmus+. Duration: 2023–2026.

SCIENTIFIC PUBLICATIONS

(selected, ordered from most recent to earlier publications)

1. Goudetsidou A, **Pesiridis T**, Galanis P, Velonaki VS. Exploring the Role of Empathy in Nurses’ Intention to Provide Disaster Care: A Cross-Sectional Study. *Israel Journal of Health Policy Research*. 2025;14(1):58.
2. Dania M, Komzia T, Kalokairinou A, **Pesiridis T**, Velonaki VS. Translation and Validation of the Self-Rating Barthel Scale into Greek. *Nursing Care & Research / Nosileia kai Ereuna*. 2025;(72):161.
3. Konstantinidou E, Oikonomou E, Velonaki VS, Sourtzi P, **Pesiridis T**. Health Consequences of Climate Change: A Systematic Review of Morbidity and Mortality Trends. 2025.
4. **Pesiridis T**, Galanis P, Kalokairinou A. Development, Implementation and Evaluation of a Community Nursing Specialization Training Programme to Promote Nurses’ Development of Professional Competences: A Quasi-Experimental Study. *International Journal of Caring Sciences*. 2024;17(3):1360.
5. Oikonomou E, Xenou M, [...] **Pesiridis T**, Tsatsaragkou A, Vavouranakis M, Siasos G, Tousoulis D. Novel Approaches in the Management of Diabetes Mellitus in Patients with Coronary Artery Disease. *Current Pharmaceutical Design*. 2023;29(23).
6. Tsigkou V, Oikonomou E, Anastasiou A, Lampsas S, Zakyntinos GE, Kalogeras K, Katsiouna M, Kapsali M, Kourampi I, **Pesiridis T**, et al. Molecular Mechanisms and Therapeutic Implications of Endothelial Dysfunction in Patients with Heart Failure. *International Journal of Molecular Sciences*. 2023;24(5):4321.
7. Gounaridi MI, Vontetsianos A, Oikonomou E, Theofilis P, Chynkiamis N, Lampsas S, Anastasiou A, Papamikroulis GA, Katsianos E, Kalogeras K, **Pesiridis T**, et al. The

- Role of Rehabilitation in Arterial Function Properties of Convalescent COVID-19 Patients. *Journal of Clinical Medicine*. 2023;12(6):2233.
8. Anastasiou M, Oikonomou E, Theofilis P, [...] **Pesiridis T**, et al. Prolonged Impact of Anti-Cancer Therapy on Endothelial Function and Arterial Stiffness in Breast Cancer Patients. *Vascular Pharmacology*. 2023;152:107195.
 9. Siasos G, Tsigkou V, [...] **Pesiridis T**, Tousoulis D. Antithrombotic Treatment in Coronary Artery Disease. *Current Pharmaceutical Design*. 2023;29(35):2764–2779.
 10. **Pesiridis T**, Galanis P, Anagnostopoulou E, Kalokerinou A, Sourtzi P. Providing Care to Patients with COVID-19 in a Reference Hospital: Health Care Staff Intentional Behavior and Factors That Affect It. *AIMS Public Health*. 2021;8(3):456–466.
 11. **Pesiridis T**, Galanis P, Anagnostopoulou E, Kalokerinou A, Sourtzi P. Factors That Influence Behavioral Intention of Nursing Staff Towards Caring for Patients with COVID-19. In: *10th Hong Kong International Nursing Forum and 3rd Sigma Asia Region Conference*; 7–8 December 2020.
 12. Apostolara P, Sourtzi P, Tsoumakas K, **Pesiridis T**, Alexadropoulou M, Tzavara C, Roka V, Kalokerinou A. Reliability and Validity of the Clinical Cultural Competency Questionnaire-Greek Version (CCCQ-G). *Balkan Military Medical Review*. 2016.
 13. **Pesiridis T**, Sourtzi P, Galanis P, Kalokairinou A. Development, Implementation and Evaluation of a Disaster Training Programme for Nurses: A Switching Replications Randomized Controlled Trial. *Nurse Education in Practice*. 2015.
 14. **Pesiridis T**, Sourtzi P, Kalokairinou A. Nursing Students' Perceptions of Disaster Nursing: Implications for Curricula Development. *Nursing Care and Research*. 2013;35:84–96.
 15. **Pesiridis T**, Apostolara P. Critical Review: Transcultural Nursing as a Theoretical Framework in Support of Disaster Nursing. *Hellenic Journal of Nursing Science*. 2009;2(1):25–29.

BOOK CHAPTERS / EDUCATIONAL AUTHORSHIP

1. Papadopoulos I, Kalokairinou A, Kouta H. (2011). *Transcultural Nursing and Cultural Competence*. Athens: Paschalidis Publications.
Chapter 13: Theodoros Pesiridis, Paraskevi Apostolara. *Transcultural nursing in global and mass disasters*, pp. 277–296.
2. Author and coordinator of the 13th thematic unit of the educational material for the specialty of Public Health Nursing / Community Nursing. (2021). *Nursing for Emergency Situations and Disasters*. E-learning platform for distance asynchronous education, Center for Continuing Education and Lifelong Learning, National and Kapodistrian University of Athens.

ORGANIZATIONAL AND ADMINISTRATIVE ACTIVITY

(selected)

1. Member of the Evaluation Committee for Candidates for the Acquisition of Academic Teaching Experience, academic year 2024–2025.
2. Education Coordinator for the specialty of Public Health Nursing / Community Nursing, 1st Regional Health Authority of Attica, September 2020 – July 2024.

3. Secretary of the Primary Health Care / Community Nursing Sector of the Hellenic Nurses Association (ESNE), 2012–2016.
4. Member of the Three-Member Education Council of the Ministry of Health for the specialty of Public Health Nursing / Community Nursing in the 1st Regional Health Authority of Attica, September 2020 – July 2024.
5. Chair of the Oral Examination Committee for the specialty of Public Health Nursing / Community Nursing in the 1st Regional Health Authority of Attica, September 2020 – July 2024.
6. Alternate Member of the Administrative Board of “Sotiria” General Hospital for Diseases of the Chest of Athens, February 2022 – July 2024.
7. Head of the 2nd Nursing Sector (Deputy Director of Nursing Service), “Sotiria” General Hospital for Diseases of the Chest of Athens, February 2023 – July 2024.
8. Member of the Scientific Council of “Sotiria” General Hospital for Diseases of the Chest of Athens, December 2018 – December 2022.
9. Head of the Interdepartmental Home Care Unit, “Sotiria” General Hospital for Diseases of the Chest of Athens, April 2019 – January 2023.
10. Member of the Scientific Council of Hippokrateio General Hospital of Thessaloniki, March 2014 – April 2018.
11. Head of the 2nd and 3rd Cardiology Departments, Hippokrateio General Hospital of Thessaloniki, March 2014 – April 2018.

MEMBERSHIP IN SCIENTIFIC ORGANIZATIONS / SOCIETIES

(selected)

1. Member of the European Academy of Nursing Science (EANS)
2. Member of the Society of Nursing Studies
3. Member of the Hellenic Society of Gerontology and Geriatrics
4. Member of the Hellenic Nurses Association

HONORS AND DISTINCTIONS

1. **State Scholarship Foundation (IKY) Scholarship** (1996), במסגרת Erasmus programme: *Adult Health Disorders and Care*, Oxford Brookes University, Oxford, United Kingdom.
2. **ESNE 2012 Scholarship** for the best research proposal entitled: “Development of an accelerated training program for public hospital nurses in Disaster Nursing.”
3. **European Science Foundation (ESF) Fellow**, 2011 – Lund University, Sweden; 2012 – KU Leuven, Belgium; 2013 – Radboud University Nijmegen, The Netherlands, for attendance at the Summer School for Doctoral Studies of the European Academy of Nursing Science (EANS), earning 7.5 ECTS upon completion.
4. **Special Account for Research Grants (ELKE), University of Athens Scholarship** for the presentation of an original English-language paper at the 25th Quadrennial ICN Congress, Melbourne, Australia, May 2013.
5. **Best Reviewer of the Month Award** (July 2015) for the international journal *Nurse Education in Practice*, Elsevier.
6. Awards and commendations for free paper presentations at Greek and international conferences.

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Google Scholar Profile: <https://scholar.google.com/citations?user=TLqO3gEAAAAJ&hl=el>

ResearchGate: <https://www.researchgate.net/profile/Theodoros-Pesiridis>

Scopus ID: <https://www.scopus.com/authid/detail.uri?authorId=56035334000>

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