

PANTELIS STERGIANNIS

Associate Professor of Surgical Nursing

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TEACHING

Undergraduate

1. Surgical Nursing I, 5th semester
2. Surgical Nursing II, 6th semester
3. Orthopaedic Nursing, 7th semester

Postgraduate

1. New Technologies and Imaging in Everyday Clinical Practice (part of the course), 1st semester, MSc: Advanced Clinical Nursing in all specializations
2. Special Topics in Nursing (part of the course), 2nd semester, MSc: Advanced Clinical Nursing in the specializations of Intensive and Emergency Nursing (elective), Cardiovascular Nursing (compulsory), and Surgical Nursing (compulsory)
3. Special Surgical Nursing Problems: Clinical Case Analysis – Clinical Interventional Skills (part of the course), 3rd semester, MSc: Advanced Clinical Nursing in the specialization of Surgical Nursing (compulsory)
4. Perioperative Nursing: Trauma, Tissue Restoration in Clinically Irreversible Forms of Ulcers (part of the course), 3rd semester, MSc: Advanced Clinical Nursing in the specialization of Surgical Nursing (compulsory)
5. Special Topics in Emergency Care (part of the course), 3rd semester, MSc: Advanced Clinical Nursing in the specialization of Intensive and Emergency Nursing (compulsory)

6. Transport of Critically Ill Patients, Prehospital Care, and Telemedicine (part of the course), 3rd semester, MSc: Advanced Clinical Nursing in the specialization of Intensive and Emergency Nursing (compulsory)
7. Intensive Care and Mass Trauma (part of the course), 3rd semester, MSc: Advanced Clinical Nursing in the specializations of Intensive and Emergency Nursing (elective) and Surgical Nursing (compulsory)

EDUCATION

1. **Doctoral Diploma:** “The impact of quality of life in the formation of the rehabilitation cost of trauma patients after ICU stay”. Faculty of Nursing, National and Kapodistrian University of Athens, 2012
2. **Postgraduate Diploma:** Specialization in “Health Care Management”. National and Kapodistrian University of Athens. Interuniversity Postgraduate Programme: Health Care Management-Health Informatics, 2008
3. **First Degree:** Faculty of Nursing, National and Kapodistrian University of Athens, 2005

RESEARCH INTERESTS

1. Surgical Nursing
2. Trauma
3. Emergency Department – Triage
4. Health-Related Quality of Life
5. Cost of Rehabilitation and Patient Living
6. Patient Transfers

SCIENTIFIC PUBLICATIONS

1. **Stergiannis P**, Katsoulas TA, Fildissis G, Intas G, Galanis P, Kosta N, Zidianakis V, Baltopoulos G. Health related quality of life and rehabilitation

cost following intensive care unit stay in multiple trauma patients. J Trauma Nurs. 2014; 21(3):115-21

2. Intas G, Tsolakoglou J, **Stergiannis P**, Chalari E, Christodoulou E, Fildissis G. Do Greek Citizens have Minimum Knowledge about Heart Attack? A Survey. Health Science Journal 2015; 9(5):1-6
3. Aggelakopoulou C, Intas G, **Stergiannis P**, Diamantis A, Mouzakis G, Tepetes K. Co-morbidity factors in patients with colorectal cancer. A pilot study. Hellenic Surgical Oncology journal 2016; 7(3):1-6
4. Intas G, Kostagiolas P, Zavras D, Chalari E, **Stergiannis P**, Toyliia G, Niakas D. Information-Seeking Behavior of Greek Nursing Students: A Questionnaire Study. Comput Inform Nurs. 2017; 35(2):109-114
5. **Stergiannis P**, Intas G, Toulia G, Tsolakoglou I, Kostagiolas P, Christodoulou E, Chalari E, Kiriakopoulos V, Fildissis G. Clinical use of smartphones among medical and nursing staff in Greece: a survey. Comput Inform Nurs. 2017; 35(9):483-488
6. Manolitzas P, Kostagiolas P, Grigoroudis E, Intas G, **Stergiannis P**. Data on patient's satisfaction from an emergency department: Developing strategies with the Multicriteria Satisfaction Analysis. Data in Brief. 2018; 21:956-961
7. **Stergiannis P**. Mobbing against nurses: a serious problem that has to be solved. Health & Research Journal. 2019; 5(3):84-85
8. Intas G, Rokana V, **Stergiannis P**, Chalari E, Anagnostopoulos F. Sleeping Disorders and Health Related Quality of Life in Hemodialysis patients with Chronic Renal Disease in Greece. Adv Exp Med Biol. 2020; 1196:73-83
9. Intas G, Rokana V, **Stergiannis P**, Chalari E, Anagnostopoulos F. Burden and sleeping disorders of family caregivers of Hemodialysis patients with Chronic Kidney Disease-End Stage. A cross-sectional study. Adv Exp Med Biol. 2020; 1196:33-40
10. Intas G, Psara A, **Stergiannis P**, Chalari E, Sakkou A, Anagnostopoulos F. Compliance of Patients with Acute Coronary Syndrome with treatment following their hospitalization from the Cardiac Coronary Unit. Adv Exp Med Biol. 2020; 1196:117-125

11. Papagiannopoulou A, **Stergiannis P**, Katsoulas T, Intas G, Myrianthefts P. Characteristics and survival rates in ward patients requiring evaluation by Intensivist in Greece. *Adv Exp Med Biol.* 2020; 1196:141-147
12. Tsolakoglou I, Intas G, **Stergiannis P**, Sakkou A, Chalari E, Tsoumakas K, Elefsiniotis I, Fildissis G. Central Line-associated Bloodstream Infections (CLABSI) Incidence and the role of obesity: a prospective, observational study in Greece. *Adv Exp Med Biol.* 2020; 1196:11-18
13. **Stergiannis P**, Govari M, Jahaj E, Marvaki C, Toylia G, Marvaki K, Chasioti G, Intas G. Sleep disorders and Restless Leg Syndrome in hemodialysis patients in Greece: a cross-sectional study. *Adv Exp Med Biol.* 2020; 1195:155-162
14. Platis C, Ilonidou C, **Stergiannis P**, Ganas A, Intas G. The job rotation of nursing staff and its effects on nurse`s satisfaction and occupational engagement. *Adv Exp Med Biol.* 2021; 1337:159-168
15. Intas G, Petta M, Platis C, Chalari E, **Stergiannis P**. The burden on carers with multiple sclerosis. *Adv Exp Med Biol.* 2021; 1337:169-175
16. Platis C, Papagianni A, **Stergiannis P**, Messaropoulos P, Intas G. Attitudes of the general population regarding patient information for a chronic and life-threatening disease. A cross-sectional study. *Adv Exp Med Biol.* 2021; 1337:177-184
17. Platis C, Delimpaltadakis E, **Stergiannis P**, Kostagiolas P, Intas G. Evidence-based Leadership: A Study of its Application to General Hospital of the Public Health System through the Implementation Leadership Scale. *Adv Exp Med Biol.* 2021; 1337:9-15
18. Platis C, Christonasis T, **Stergiannis P**, Intas G, Kostagiolas P. Investigating the main causes of conflicts and the managements strategies are used by healthcare professionals. The case of general hospital of Arta. *Adv Exp Med Biol.* 2021; 1337:27-36
19. Intas G, Mparkas S, Lahana E, Platis C, Chalari E, **Stergiannis P**. Investigating nursing leadership in intensive care units of hospitals of Northern Greece and its relationship to the working environment. *Advances in Experimental Medicine and Biology (AEMB).* *Adv Exp Med Biol.* 2021; 1337:227-235

20. Koskinas P, Intas G, **Stergiannis P**, Polikandrioti M, Prezerakos P, Platis C, Panoutsopoulos G. Incidence of deep vein thrombosis and its effect on health related quality of life among nurses of Greek public hospital. A multicenter study. *Adv Exp Med Biol.* 2021; 1337:37-45
21. Intas G, Kapsabelis M, **Stergiannis P**, Platis C, Pierrakos G. Assessment of healthcare professionals' knowledge and awareness on aspects related to ionizing radiation examinations in Athens, Greece. *Adv Exp Med Biol.* 2021; 1337:185-193
22. Intas G, Pagkalou D, Platis C, Chalari E, Ganas A, **Stergiannis P**. Medication errors and their correlation with nurse's satisfaction. The case of the hospitals of Lasithi, Crete. *Adv Exp Med Biol.* 2021; 1337:195-203
23. **Stergiannis P**, Rapti E, Boulmetis G, Platis C, Stergianni C, Intas G. Health-Related Quality of Life and Living Costs of HIV-Infected Patients. *Advances in Experimental Medicine and Biology (AEMB).* *Adv Exp Med Biol.* 2021; 1337:205-210
24. **Stergiannis P**, Seferi P, Intas G, Platis C. Evaluation of anxiety and depression in women undergoing mastectomy in Greece. *Adv Exp Med Biol.* 2021; 1337:211-216
25. Tsakiri K, Intas G, Platis C, **Stergiannis P**. The burden of caregivers of patients after hip replacement and its impact on the cost of living of the family. *Adv Exp Med Biol.* 2021; 1337:273-279
26. Stouka X, **Stergiannis P**, Konstantinou E, Katsoulas T, Intas G, Skopa R, Fildissis G. Health-Related Quality of Life and Rehabilitation Costs of Patients with Amputated Limb. *Adv Exp Med Biol.* 2021; 1337:237-243
27. Intas G, Lianaki DM, Lahana E, **Stergiannis P**. First Aid during Civil Aviation Flights: Peculiarities in the COVID-19 era. *Hellenic Journal of Nursing Science* 2021;14(2):21-28
28. Intas G, Doriaki G, Platis C, Lahana E, **Stergiannis P**. Investigation of the workplace boredom and job satisfaction to the ambulance personnel of Crete, Greece. *Health & Research Journal.* 2021; 7(2):74-8
29. Moumouri S, Intas G, Sarafis P, Nikoletzos A, Triantafylloudis I, Bourantonis D, **Stergiannis P**. Leadership styles and job satisfaction of nursing staff in a peripheral general hospital in Greece: a survey. *Health & Research Journal.* 2021; 7(3):109-22

30. Gkirtsou C, Konstantinidis T, Cassimos D, Konstantinidou EI, Kontekaki EG, Rekari V, Bezirtzoglou E, Martinis G, **Stergiannis P**, For Thrace Study Group On Blood Donors' Attitude During The Covid-Pandemic. Views and Attitudes of Blood Donors toward Blood Donation during the COVID-19 Pandemic in Thrace Region, Greece. *Int J Environ Res Public Health*. 2022; 19(9):4963
31. Diamantopoulou C, Platis C, Lahana E, **Stergiannis P**, Intas G. Organization and Management of Intensive Care Unit, correlation of team climate with job satisfaction of the nurses in the ICU. *Health & Research Journal*. 2022; 8(4):274–283.
32. Tsolakoglou I, Sakkou A, Giannoulakis A, **Stergiannis P**, Karathanasi E, Intas G. Use of high-flow nasal cannula in patients with COVID-19: A retrospective study. *Health & Research Journal*. 2023; 9(1):5-12.
33. Aggelakopoulou C, Perivoliotis K, **Stergiannis P**, Intas G, Mouzakis G, Tepetes K. Comparison of Selected Older and Younger Patients Regarding Optimal Surgical Treatment of Colorectal Cancer: A Prospective Cohort Study. *Cancer Diagnosis & Prognosis*. 2023 Jul;3(4):504.
34. **Stergiannis P**, Fanouraki-Stavarakaki E, Manthou P, Intas G. Investigation on the Attitudes and Perspectives of Medical and Nursing Staff About Euthanasia: Data from Four Regional Greek Hospitals. *Cureus*. 2024 Feb 10;16(2).
35. Polydoropoulou E, Intas G, Platis C, **Stergiannis P**, Panoutsopoulos G. Investigating Physical Activity Habits and Sleep Disorders in the Nursing Staff of Greece During the COVID-19 Pandemic: A Multicenter Cross-Sectional Correlational Study. *Adv Exp Med Biol*. 2023;1425:535-543
36. **Stergiannis P**, Fanouraki-Stavarakaki E, Manthou P, Intas G. Investigation on the Attitudes and Perspectives of Medical and Nursing Staff About Euthanasia: Data from Four Regional Greek Hospitals. *Cureus*. 2024 Feb 10;16(2).
37. Gatsori P, Intas G, Skopelitis H, Katsoulas T, **Stergiannis P**. The arterial Stiffness as risk factor for the occurrence of Arterial Hypertension in postoperative critically ill patients. *Journal of Hypertension*. 2024 May 1;42(Suppl 1):e276.

38. Dainavas D, **Stergiannis P**, Manthou P, Lioliousis G, Diamantea F, Myrianthefs P, Fildissis G. The Impact of Cost of Living on the Quality of Life of Cystic Fibrosis Patients: A Study in Greece. *Cureus*. 2024 Jun 24;16(6):e63009.
39. Ntavoni G, Toyliia G, Linardatou V, Kadda O, **Stergiannis P**, Myrianthefs M, Vasilopoulos V, Kalogianni A. Evaluation of the effectiveness of postoperative analgesia after major abdominal surgery. *Health & Research Journal*. 2025;11(2): 117-131
40. Intas G, Vrantzi S, Makris N, Theodorou P, **Stergiannis P**. Knowledge, views and attitudes of healthcare professionals towards the various forms of domestic violence. *Health & Research Journal*. 2025 Jul;11(3):208-1
41. Kapsampelis M, Intas G, Lavdas E, **Stergiannis P**, Bakas A. Knowledges, beliefs and practices on radiation protection of non-radiologists physicians who use ionizing radiation and participate in radioscopically guided procedures. *Health & Research Journal*. 2025 Jul;11(3):259-66
42. Intas G, Tsolakoglou I, Papadaki C, **Stergiannis P**. Preoperative anxiety and satisfaction with information provided by nursing staff and anesthesiologists in oncological patients. *Health & Research Journal*. 2025 Jul;11(4):337-43
43. Cholevas D, Alamanos I, Theodosopoulou E, Kourakos M, Intas G, Gatsori P, **Stergiannis P**. Investigation of the Impact of Living Cost on the Quality of Life of Patients with Moderate and Severe Traumatic Brain Injury: A Pilot Study. *Adv Exp Med Biol*. 2026;1487:115-123

BOOK EDITING

1. Haugen N, Galura S. Ulrich & Canale's: Nursing Care Planning Guides. Edition Editing and Translation by Vassilopoulos G, Zyga S, Konstantinidis T, Minasidou E, Bakalis N, Papagiannopoulou E, Papathanasiou I, Rikos N, Rovithis M, Sarafis P, **Stergiannis P**, Tzenalis A, Fradelos E. Athens 2022: Paschalidis Publications
2. Ignatavicius D.D., Workman L.M., Rebar C.R., Heimgartner N.M. Medical-Surgical Nursing Volume 1. Edition Editing: Vassilopoulos G, Polykandrioti

M, Vlachou E, Govina O, Dokoutsidou E, Dousis E, Kalogianni A, Kourakos M, Kourkouta A, Koutelekos I, Lavdaniti M, Malliarou M, Margari N, Bastaki M, Papathanasiou I, Patelarou E, Rovithis M, Saridi M, Stavropoulou A, **Stergiannis P**, Tzenalis A, Fradelos E, Alikari V, Gerogianni G, Kosmidis D, Koukou Z, Papageorgiou D, Pavlatou N, Toulia-Tsavalou G. Broken Hill Publishers Ltd. Athens 2023

3. Ignatavicius D.D., Workman L.M., Rebar C.R., Heimgartner N.M. Medical-Surgical Nursing Volume 2. Edition Editing: Vassilopoulos G, Polykandrioti M, Alikari V, Vlachou E, Gerogianni G, Govina O, Dokoutsidou E, Dousis E, Kalogianni A, Kosmidis Δ, Koukou Z, Kourakos M, Koutelekos I, Lavdaniti M, Malliarou M, Margari N, Bastaki M, Papageorgiou D, Papathanasiou I, Patelarou E, Pavlatou N, Rovithis M, Saridi M, Stavropoulou A, **Stergiannis P**, Tzenalis A, Toulia-Tsavalou G, Fradelos E. Broken Hill Publishers Ltd. Athens 2023

CHAPTERS IN BOOKS

1. Fildissis G, **Stergiannis P**. Guidelines/Legislation for Organ Donors/Recipients. In: Intensive Care & Emergency Medicine: Guidelines. Edited by Baltopoulos G. Paschalidis Publications. Athens 2010; 165-172.
2. **Stergiannis P**, Intas G, Katostaras Th, Chalari E, Filntisis G. The Impact of Quality of Life on the Formation of Health Rehabilitation Costs for Trauma Patients after ICU Hospitalization. In: Intensive Care & Emergency Medicine: Mechanical Support of Organ Systems. Edited by Baltopoulos G. Paschalidis Publications. Athens 2012; 918-925.
3. Intas G, Platis C, **Stergiannis P**. E-Health and Neurodegeneration. In: Vlamos, P, Kotsireas, IS, Tarnanas I. (eds) Handbook of Computational Neurodegeneration. Springer, Cham. 2021; 1–20.

ORGANIZATIONAL AND ADMINISTRATIVE ACTIVITY

1. Alternate Member of the National Council for Nursing Development (ESAN in Greek). October 2008 – October 2011
2. Head of Nursing Department (Medical Sector), General Oncology Hospital of Nea Kifisia (GONK) “Agioi Anargyroi.” November 2019 – May 2022
3. Member of the Scientific Council, GONK “Agioi Anargyroi.” June 2019 – May 2022
4. Member of the Clinical Education/Student Training Committee, Department of Nursing, NKUA. September 2022 – Present
5. Member of the Coordinating Committee of the MSc in Advanced Clinical Nursing. Academic years 2022-2023, 2023-2024, and 2024-2025
6. Deputy Chair of the Three-Member Education Council for the Nursing Specialty of “Surgical Nursing.” March 2023 – December 2023
7. Chair of the Three-Member Education Council for the Nursing Specialty of “Surgical Nursing.” December 2023 – Present
8. Chair of the Central Examination Committee for Specialized Nurses in the Nursing Specialty of “Surgical Nursing.” December 2023 – Present
9. Member of the Promotion and Website Information Committee, Department of Nursing, NKUA. March 2023 – Present
10. Academic Advisor of the Surgical Nursing Sector for students of the Department of Nursing, NKUA. September 2023 – Present
11. Member of the extended committee “Internal Evaluation Group (OMEA in Greek),” Department of Nursing, NKUA. April 2024 – Present
12. Member of the committee for monitoring implementation indicators of the Department’s Strategic Plan
13. Alternate Member of the Admissions Interview/Selection Committee for postgraduate students, academic year 2024-2025, MSc “Applied Nursing Science”
14. Member of the Committee for Equivalency Examinations of the Department of Nursing, academic year 2024-2025
15. Academic Advisor of the Surgical Nursing Sector, academic year 2024-2025

16. Member of the Student Complaints Management Committee, Department of Nursing. January 2025 – Present
17. Academic Advisor of the Surgical Nursing Sector, academic year 2025-2026
18. General Oncology Hospital of Nea Kifisia “Agioi Anargyroi”: 19/03/2025–present. Crisis Management Coordinator.
19. General Oncology Hospital of Nea Kifisia “Agioi Anargyroi”: 19/03/2025–present. Member of the team responsible for reviewing and updating the hospital’s existing emergency response plans.
20. Alternate Member of the Scientific Council, General Oncology Hospital of Nea Kifisia “Agioi Anargyroi”. Term: 2025–2027.