

**Panayota Sourtzi**  
Professor (OHN)  
Public Health Sector  
123 Papdiamantopoulou st.  
Tel: 2107461474-5  
email: psourtzi@nurs.uoa.gr  
website: <http://scholar.uoa.gr/psourtzi>

## **TEACHING**

### **Undergraduate**

- Occupational Health, 4th semester
- Gerontology Nursing, 5th semester
- Fundamentals of Nursing, 1st semester
- Applied Epidemiology & Prevention, 4th semester

### **Postgraduate**

- Occupational Health
- Health Education
- Demography

## **EDUCATION**

1992-95: Ph.D. in Nursing Studies, University of Birmingham, UK

1991-92: Master of Medical Science in Occupational Health, Institute of Occupational Health, University of Birmingham, UK

1986-1989: BSc in Nursing, National and Kapodistrian University of Athens.

1978-1982: RN and Health Visitor

## **RESEARCH INTERESTS**

- Occupational and Environmental Health
- Occupational Health Nursing
- Health Promotion and Health Education
- Health Care for Vulnerable Groups, e.g. elderly, immigrants
- Nursing Education

## **RESEARCH PROGRAMMES (recent)**

2023-2026: CHANGE-Climate change and healthy AgeinG: co-creating E-learning for resilience and adaptation <https://forschung.fh-kaernten.at/change/>

2022-2023: HAiG-Healthy Aging and well-being of community-dwelling older persons in Greece

2020-2023: EMMA-European master on Active Ageing and Age-Friendly Society, Erasmus+ KA2, KE: 17267, <https://www.emma-master.eu/>

2017-2021: "Safety Culture and Risk Management in Agriculture" (SACURIMA), COST: CA16123, <https://www.sacurima.eu/>

2016-2017: Development of the electronic gerontology and geriatrics library, [www.gerolib.gr](http://www.gerolib.gr)

2015-2017: I\_CARE, Erasmus+ , KA2-Cooperation for Innovation and the Exchange of Good Practices Strategic Partnerships for higher education 2015-1-EL01-KA202-014051

2013-2016: ELLAN, European Later Life Active Network. <http://ellan.savonia.fi/>

## **SCIENTIFIC PUBLICATIONS (recent)**

### **2024**

Grana, E., Galanis, P., Velonakis, E., Tziaferi, S., & Sourtzi, P. (2024). Investigating the Effectiveness of a Workplace Musculoskeletal Disorders Management Program. *Healthcare*, 12(18), 1815. <https://doi.org/10.3390/healthcare12181815>

Wiggin DA, Penič B, Sulopuisto O, Setti A, Mali J, Stitzel A, Kuisma R, Baptista F, Sourtzi P, Timmons S. (2024). Postgraduate education in healthy and active ageing: a systematic scoping review of learning needs, curricula and learning impact. *Gerontol Geriatr Educ*. 45(3):345-368. doi: 10.1080/02701960.2023.2187386.

Christodoulakis A, Kritsotakis G, Linardakis M, Sourtzi P, Tsiligianni I. (2024). Evaluating Critical Thinking Disposition, Emotional Intelligence, and Learning Environment of Nursing Students: A Longitudinal Study. *West J Nurs Res*. 46(5):381-388. doi: 10.1177/01939459241238687.

Galanis P, Moisoglou I, Katsiroumpa A, Sourtzi P. (2024). Impact of workplace bullying on job burnout and turnover intention among nursing staff in Greece: Evidence after the COVID-19 pandemic. *AIMS Public Health*. 29;11(2):614-627. doi: 10.3934/publichealth.2024031.

### **2023**

Wiggin DA, Setti A, Mali J, Ströckl DE, Sourtzi P, Nevala E, Penič B, Zymbal V, Cardadeiro G, Carnide F, Baptista F, Fitzgerald T & Timmons S (2023). Learning needs in healthy and active aging according to key stakeholders: a multinational survey, *Gerontology & Geriatrics Education*, DOI: 10.1080/02701960.2023.2252368

Galanis P, Katsiroumpa A, Sourtzi P, Siskou O, Konstantakopoulou O, Kaitelidou D. (2023). The COVID-19 burnout scale: development and initial validation. *J Ment Health*. 32(5):985-994. doi: 10.1080/09638237.2023.2245914.

Christodoulakis A, Kritsotakis G, Linardakis M, Sourtzi P, Tsiligianni I. (2023). Emotional intelligence is more important than the learning environment in improving critical thinking. *Med Teach*. 45(7):708-716. doi: 10.1080/0142159X.2023.2193305.

Katsiroumpa A, Sourtzi P, Kaitelidou D, Siskou O, Konstantakopoulou O, Galanis P. (2023). Predictors of Seasonal Influenza Vaccination Willingness among High-Risk Populations Three Years after the Onset of the COVID-19 Pandemic. *Vaccines (Basel)*. 11(2):331. doi: 10.3390/vaccines11020331.

Christodoulakis A, Kritsotakis G, Gkorezis P, Sourtzi P, Tsiligianni I. (2023). Linking Learning Environment and Critical Thinking through Emotional Intelligence: A Cross-Sectional Study of Health Sciences Students. *Healthcare (Basel)*. 11;11(6):826. doi: 10.3390/healthcare11060826.

## **2022**

Katsikavali V, Galani P, Rodoti E, Kaitelidou D, Lemonidou C, Sourtzi P. (2022). Translation and Validation of the Work-Related Quality of Life Scale (WRQoL) in the Greek language. *Nursing Care and Research*, 64, 267-277

Galanis P, Katsiroumpa A, Sourtzi P, Siskou O, Konstantakopoulou O, et al. (2022). COVID-19-related burnout and intention of fully vaccinated individuals to get a booster dose: The mediating role of resilience. *Vaccines* 11 (1), 62

Galanis P, Katsiroumpa A, Sourtzi P, Siskou O, Konstantakopoulou O, et, et al. (2022). Social support mediates the relationship between COVID-19-related burnout and booster vaccination willingness among fully vaccinated nurses. *Vaccines* 11 (1), 46

Tasiopoulou KE, Sourtzi P. (2022). Investigation of health and safety conditions of migrants compared to native workers. *Nursing Care & Research/Nosileia kai Ereuna*, 63, 121-149

Tziava S, Sourtzi P. (2022). Evaluation of School Health Education Programs *Nursing Care and Research*, 62, 86-97

Pana A, Sourtzi P, Kalokairinou A, Velonaki BS. (2022). Sarcopenia and polypharmacy among older adults: a scoping review of the literature. *Archives of Gerontology and Geriatrics*, 98, 104520

## **2021**

Pesiridis T, Galanis P, Anagnostopoulou E, Kalokerinou A, Sourtzi P (2021). Providing care to patients with COVID-19 in a reference hospital: health care staff intentional behavior and factors that affect it. *AIMS Public Health* 8 (3), 456-466

Pana A, Sourtzi P, Kalokairinou A, Pastroudis A, Chatzopoulos ST, et al. (2021). Association between muscle strength and sleep quality and duration among middle-aged and older adults: a systematic review. *European Geriatric Medicine* 12 (1), 27-44

Pana A, Sourtzi P, Kalokairinou A, Pastroudis A, Chatzopoulos ST, et al. (2021). Association between self-reported or perceived fatigue and falls among older people: a systematic review. *International Journal of Orthopaedic and Trauma Nursing*, 100867

## **BOOKS – BOOK CHAPTERS**

Pana A, Mangoulia P, Velonaki V-S, Sourtzi P. (2024). Gerontology Nursing. Athens, Medical editions Neon, ISBN: 9786185515447

Sourtzi P, Sarla E, Äijö M, Turjamaa R, Hobbelen H, Weening L, Ylinen E-R (2018). Most common health issues of older people. In Roodbol P, Dijkan B, Mikkonen I (eds.). Older people Improving health and social care-Focus on the European Core Competence Framework. Springer ISBN, 978-3-319-97609-9, pp.33-74

Mikkonen I, Sourtzi P, Turjamaa R, Ylinen E-R, Finnema E, Veet J van het (2018). Trends and developments in health care and social services. In Roodbol P, Dijkan B, Mikkonen I (eds.). Older people Improving health and social care-Focus on the European Core Competence Framework. Springer ISBN, 978-3-319-97609-9, pp.103-138

Dijkman, B., Roodbol, P., Aho, J., Achtschin-Stieger, S., Andruszkiewicz, A., Coffey, A., Felsmann, M., Klein, R., Mikkonen, I., Oleksiw, K., Schoofs, G., Soares, C. & Sourtzi, P. (2016). European Core Competences Framework for Health and Social Care Professionals Working with Older People. Available at <http://ellan.savonia.fi/>

Schoofs G., Coffey A. Sourtzi P., Stitzel A., Zijlak T. (2016). Motivating health and social care students to choose a career in Gerontology through innovative education. Available at <http://ellan.savonia.fi/>

Sourtzi P and Menezello T (2011): Elderly and People with Disabilities: Limitations in their everyday life. In Molenbroek, Mantas & De Bruin (eds). A Friendly Rest Room: Developing Toilets of the Future for Disabled and Elderly People. ISBN, 978-1-60750-751-2.

Knall G, Sourtzi P, Liaskos J (2011): Experience of testing with elderly users. In Molenbroek, Mantas & De Bruin (eds.). A Friendly Rest Room: Developing Toilets of the Future for Disabled and Elderly People. ISBN, 978-1-60750-751-2.

Velonakis E. & Sourtzi P (2009): Health and Work. Beta medical arts ISBN 978-960- 452-071-8. [Greek]

Sourtzi P (2008). International Issues in Occupational Health Nursing. In Oakley K (ed.). Occupational Health Nursing. London, 3<sup>rd</sup> edition, Willey/Blackwell. ISBN: 978-0-470-03553-5, pp.139-155.

Kalokerinou A & Sourtzi P (2005): Community Nursing. Beta medical arts ISBN 960-8071-86-0. [Greek]

#### **ORGANIZATIONAL AND ADMINISTRATIVE ACTIVITIES**

1. Director of the MSc Crisis & Disaster Management and Public Health Nursing
2. Coordinator of the Internal Evaluation Committee
3. Counsellor of Students with Disabilities
4. Dep. Member of the National Council for the Development of Nursing

#### **MEMBERSHIP IN SCIENTIFIC and PROFESSIONAL ASSOCIATIONS**

1. National Nurses Association & Member of the Primary Health Care/Community Nursing group
2. Nursing Studies Society
3. Hellenic Association of Gerontology and Geriatrics (vice-president)  
([www.gerontology.gr](http://www.gerontology.gr))
4. FFN-Hellas

5. Panhellenic Scientific Society of Health Literacy

**HONORARY AWARDS**

- Hellenic State scholarship for postgraduate studies abroad 1991-1995