

Stylios KATSARAGAKIS

Associate Professor in Palliative Care

Laboratory of the Development and Improvement of Nursing Care Delivery System

Section Internal Medicine – Nursing

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TEACHING

Undergraduate

1. Palliative Care, 8th Semester
2. Organization and Management of Nursing Care Plan, 4th Semester
3. Oncology Nursing, 5th Semester
4. Clinical Nursing Practice, 8th Semester

Postgraduate

Postgraduate Programme of Nursing Department NKUA. Specialized Palliative Care and Advanced Oncology Nursing.

- Ethical dilemmas and Care Plan 2nd Semester
- No Pharmaceutical Therapeutic Interventions to People with Chronic Life-Threatening Disease, 2nd Semester
- No Pharmaceutical Therapeutic Interventions to People with Cancer Diagnosis, 2nd Semester
- Palliative Care for Person with Non-Malignant Diagnosis, 2nd Semester
- Leadership in the Care of People with Life-Threatening Diseases, 3rd Semester
- Organization and Quality Assessment of Services, 3rd Semester
- Palliative Care for Vulnerable Populations, 3rd Semester
- Evidence-based and Applied Research in the Care of People with Chronic Diseases, 3rd Semester
- Care of Patients with Haematological Malignancy, 3rd Semester

EDUCATION

Doctoral Diploma: Nursing Department, National and Kapodistrian University of Athens, 2006

Postgraduate Diploma: Master Thesis, Nursing Department, National and Kapodistrian University of Athens, 2000

First Degree: Nursing Department, National and Kapodistrian University of Athens, 1998

RESEARCH INTERESTS

1. Palliative Care
2. Cancer Nursing
3. Nursing Care Plans
4. Nursing Care Delivery Systems

RESEARCH PROGRAMMES

1. Lung cancer patients' and their partners' assessment of patients symptom distress and quality of life. EONS – ROCHE Research Grant 2003, European Oncology Nursing Society, (6.000 euro) for the research project. EONS – ROCHE Award 2003.
2. Exploring the pain management related barriers of cancer patient and their family (National and Kapodistrian University of Athens)
3. AKESO 2- Development, organization and evaluation of home care services – Nurses' education in home care and community palliative care "Development of human resources 2007-2013" (EU funded).

4. eSMART: Randomised controlled trial to evaluate electronic Symptom Management using the Advanced Symptom Management System (ASyMS) RemoteTechnology for patients with cancers (EU funded).
5. Investigating the factors affecting the dignity of cancer patients in palliative care (National and Kapodistrian University of Athens)
6. Cultural adaptation and validation of the scale of Integrated Palliative Care Outcome Scale in the Greek language
7. Digital Skills Training for Health Care Professionals in Oncology (DigiCanTrain) Co-funded by the European Union (EU4H funded)
8. COllaboratively DEveloped culturally Appropriate and inclusive Assessment tool for Palliative Care EDUcation. Working Groups: 2. Culture, Language and Diversity Working Group and 3. Research Coordination, Methods & Impact Analysis Working Group (COST funded)

SCIENTIFIC PUBLICATIONS

(Please provide the most significant publications of the last 5 years, preferably in Vancouver style)

1. Papachristou N, Barnaghi P, Cooper B, Kober KM, Maguire R, Paul SM, Hammer M, Wright F, Armes J, Furlong EP, McCann L, Conley YP, Patiraki E, **Katsaragakis S**, Levine JD, Miaskowski C. Network Analysis of the Multidimensional Symptom Experience of Oncology. *Sci Rep* 2019; 9(1): 2258.
2. K. Dionysopoulos, S. Katsaragakis. Evaluating Nurses' Knowledge and Skills for Dealing with Pain. *Νοσηλευτική* 2019; 58(2): 172-182
3. Dimoula M, Kotronoulas G, Katsaragakis S, Christou M, Sgourou S, Patiraki E. Undergraduate nursing students' knowledge about palliative care and attitudes towards end-of-life care: A three-cohort, cross-sectional survey. *Nurse Educ Today* 2019; 74:7-14.
4. Tsatsou I, Parpa E, Tsilika E, Katsaragakis S, Batistaki C, Dimitriadou E, Mystakidou K. A Systematic Review of Sexuality and Depression of Cervical Cancer Patients. *J Sex Marital Ther.* 2019;45(8):739-754.
5. Furlong E, Darley A, Fox P, Buick A, Kotronoulas G, Miller M, Flowerday A, Miaskowski C, Patiraki E, Katsaragakis S, Ream E, Armes J, Gaiger A, Berg G, McCrone P, Donnan P, McCann L, Maguire R. Adaptation and Implementation of a Mobile Phone-Based Remote Symptom Monitoring System for People With Cancer in Europe. *JMIR Cancer* 2019; 5(1): e10813.
6. Maguire R, McCann L, Kotronoulas G, Kearney N, Ream E, Armes J, Patiraki E, Furlong E, Fox P, Gaiger A, McCrone P, Berg G, Miaskowski C, Cardone A, Orr D, Flowerday A, Katsaragakis S, Darley A, Lubowitzki S, Harris J, Skene S, Miller M, Moore M, Lewis L, DeSouza N, Donnan PT. Real time remote symptom monitoring during chemotherapy for cancer: European multicentre randomised controlled trial (eSMART). *BMJ* 2021; 374: n1647.
7. Elmasian TF, Nikoloudi M, Tsilika E, Kostopoulou S, Zygianni A, Katsaragakis S, Mystakidou K. Psychometric Properties of the Greek Version of Demoralization Scale-II (DS-II) in Patients with Cancer. *J Caring Sci* 2023; 12(2):103-109.
8. Anagnostou D, Katsaragakis S, Panagiotou I, Patiraki E, Tserkezoglou A. Correction: Translation and cultural adaptation of the Greek integrated palliative care outcome scale (IPOS): challenges in a six-phase process. *BMC Palliat Care.* 2023; 22(1): 187. doi: 10.1186/s12904-023-01312-3.
9. Miller M, McCann L, Lewis L, Miaskowski C, Ream E, Darley A, Harris J, Kotronoulas G, V Berg G, Lubowitzki S, Armes J, Patiraki E, Furlong E, Fox P, Gaiger A, Cardone A, Orr D, Flowerday A, Katsaragakis S, Skene S, Moore M, McCrone P, De Souza N, Donnan PT, Maguire R. Patients' and Clinicians' Perceptions of the Clinical Utility of Predictive Risk Models for Chemotherapy-Related Symptom Management: Qualitative Exploration Using Focus Groups and Interviews. *J Med Internet Res.* 2024; 26: e49309. doi: 10.2196/49309.

10. McCann L, Lewis L, Oduntan O, Harris J, Darley A, Berg GV, Lubowitzki S, Cheevers K, Miller M, Armes J, Ream E, Fox P, Furlong EP, Gaiger A, Kotronoulas G, Patiraki E, Katsaragakis S, McCrone P, Miaskowski C, Cardone A, Orr D, Flowerday A, Skene S, Moore M, De Souza N, Donnan P, Maguire R. Patients' and Clinicians' Experiences Using a Real-Time Remote Monitoring System for Chemotherapy Symptom Management (ASyMS): Qualitative Study. *J Med Internet Res.* 2024; 26:e53834.

BOOKS

1. S. Katsaragakis & M. Hatzopoulou, editing of sections and translation of "Guide for Design Nursing Care. Nursing Diagnosis, Interventions and Assessment". E. Patiraki-Kourmpani, Pashalidis Ltd, 2008.
2. Patiraki E., Katsaragakis S. Editing of the Greek Version Becker R. (2019). *Fundamental Aspects of Palliative Care Nursing. An evidence-based handbook for student nurses.* Athens: Broken Hill Publishers LTD
3. S. Katsaragakis and M. Hatzopoulou, editing of sections and translation of "Guide for Design Nursing Care. Nursing Diagnosis, Interventions and Assessment". E. Patiraki-Kourbani, 15th English and 2nd Greek Edition. PX Paschalidis Publications, 2021.

ORGANIZATIONAL AND ADMINISTRATIVE ACTIVITIES

1. Steering Committee of the Postgraduate Programme of Nursing Department NKUA. Specialized Palliative Care and Advanced Oncology Nursing.

MEMBERSHIP IN SCIENTIFIC and PROFESSIONAL ASSOCIATIONS

1. Member of the Hellenic Nurses Association and Section of Oncology Nursing
2. Member of the Hellenic Association for Pain Control and Palliative Care
3. Member of the Oncology Nursing Society (ONS)
4. Member of the European Association for Palliative Care (EAPC)
5. Member of the European Oncology Nursing Society (EONS) και member of the Education Working Group

HONORARY AWARDS

1. EONS – ROCHE Research Grant 2003, European Oncology Nursing Society, (6.000 euro) for the research project "Lung cancer patients' and their partners' assessment of patients symptom distress and quality of life". EONS – ROCHE Award, 2003.
2. Prize as Best Nursing Poster Presentation: S. Tsaroucha, **S. Katsaragakis**, Ch Karlou, E. Patiraki. Evaluation of hope, religiosity and the relationship with their partners of Greek newly diagnosed hematological patients. 7th Congress of the Balkan Union of Oncology 15/19 October 2008, Kusadasi – Turkey.
3. O. Goviva, K. Mystakidou, E. Parpa, **S. Katsaragakis**, M. Giannakopoulou, E. Patiraki. Exploring factors related with psychological burden of caregivers of patients with advance cancer. Abstract CD of the 1st Symposium of Oncology Nursing, Athens, 2010:9.
4. Petta E, Agvetidou E, Mpagiaou O, Tsiatsouli A, Liakopoulos J, **Katsaragakis S.**, Hammou A, Amoiridou S, Oikonomou H, Tserkezoglou A. Cancer pain management of palliative home care patients. Proceedings of the 9th Scientific Symposium of General Medicine, Athens, 2013: 90 (3rd Prize).
5. D. Protogiros, **S. Katsaragakis**, Ch. Lemonidou, E. Patiraki Exploring problems and needs in Palliative Care of Greek hospitalized patients with advanced cancer. The European Cancer Conference, ECCO 2015, Vienna, Austria, *European Journal of Cancer*, 2015; 51(Suppl 3): S259 (Eons Best Poster Award, poster presentation, PP 1736).
6. A. Hamou, **S. Katsaragakis**, E. Patiraki. Exploring compassion fatigue and compassion satisfaction among health care professionals in a home palliative care unit for cancer

patients in Greece. Abstract Book of the EONS 10, Dublin, Ireland, 2016: 153. (Poster presentation, PP 165, **Best poster** in the category “Theme 8: Palliative Care”).