

SHORT CV

Ilias Skopelitis

Specialty: Internal Medicine and Infectious Diseases, MSc in Travel Medicine

Present Position: Assistant Professor of Internal Medicine, School of Nursing, National and Kapodestrian University of Athens, General Oncological Hospital of Kifisia “Oi Agioi Anargyroi”

Previous Position: Head of the 3rd Department of Internal Medicine & Diabetology Educational Centre of the General Hospital of Nikaia and Piraeus “Agios Panteleimon”, 01/02/2023 to current

Main University Degree: MBBS, National and Kapodestrian University of Athens, School of Medicine, Greece, year of graduation 1994

Medical Training: Specialty in Internal Medicine, Dpt of Pathophysiology, Laikon General University Hospital, Athens, Greece, 1999-2003

Post graduation qualifications:

- MSc in Travel Medicine, Universtiy College London, Department of Travel Medicine, London, UK, year of graduation 2006
- PhD in HIV Medicine, National and Kapodestrian University of Athens, School of Medicine, Greece, year of graduation 2008
- Subspecialty in Infectious Diseases, Dpt of Pathophysiology, Laikon General University Hospital, Athens, Greece, 2009-2011

Post Specialty Positions:

- Clinical and Research Fellow, Dpt of Pathophysiology, Oncology Unit, Laikon General University Hospital, Athens, Greece, 2003-2005
- Clinical and Research Fellow, King’s College London, St. Thomas’ NHS Trust, Harrison Wing, HIV/GU Medicine, London, UK, 2005-2006
- Consultant Phycisian in Internal Medicine and Infectious Diseaes, 2nd Department of Internal Medicine and ID outpatient clinic, General Hospital of Nikaia and Piraeus “Agios Panteleimon”

PubMed Publications:

1. An unusual case of brucellar spondylitis involving both the cervical and lumbar spine. Zormpala A, **Skopelitis E**, Thanos L, Artinopoulos C, Kordossis T, Sipsas NV. Clin Imaging. 2000;24(5):273-5
2. Etoposide, leucovorin (LV) and 5-fluorouracil (5-FU) in 5-FU+LV pre-treated patients with advanced colorectal cancer. Tsavaris N, Kosmas C, Gennatas K, Vadiaka M, **Skopelitis E**, Xila

V, Rokana S, Margaris E, Zografos G, Papastratis G, Kouraklis G. J Chemother. 2002;14(4):406-11

3. Sequential development of triple malignancy in an HIV-positive patient. **Skopelitis E**, Panayiotakopoulos GD, Kontos AN, Androuraki A, Hatzianastassiou D, Hatzimanolis E, Tsavaris N, Kordossis T. J Chemother. 2003;15(1):97-8
4. Leucovorin and fluorouracil vs levamisole and fluorouracil as adjuvant chemotherapy in rectal cancer. Tsavaris N, Gennatas K, Kosmas C, **Skopelitis HM**, Gouveris P, Dimitrakopoulos A, Zacharakis M, Kouraklis G, Vasiliou J, Felekouras E, Voros D, Zografos G, Balafouta M, Paraskevaidis M, Safioleas M, Fotiadis K, Papastratis G, Karatzas G, Papalambros E. Oncol Rep. 2004;12(4):927-32
5. 5-fluorouracil cardiotoxicity is a rare, dose and schedule-dependent adverse event: a prospective study. Tsavaris N, Kosmas C, Vadiaka M, **Skopelitis E**, Kopteridis P, Pamouki S, Efremidis M, Kasparian H, Moisakis I, Sakelariou D, Koufos C. J BUON. 2005;10(2):205-11
6. Breast cancer following curative chemotherapy for non-Hodgkin's lymphoma and the effect of drug resistance proteins to the final outcome. A retrospective study. Tsavaris N, Kosmas C, Kavantzias N, Lazaris A, **Skopelitis E**, Dimitrakopoulos A, Siakantaris MP, Papalambros E, Diamantis N, Patsouris E, Pangalis GA. J BUON. 2005;10(1):71-6
7. Leucovorin and 5-fluorouracil versus levamisole and 5-fluorouracil as adjuvant chemotherapy in rectal cancer. Tsavaris N, Genatas K, Kosmas C, **Skopelitis HM**, Dimitrakopoulos A, Zacharakis M, Kouraklis G, Zografos G, Macheras A, Diamantis N, Diamantis T, Chalkias S, Tsaousi S, Papastratis G, Karatzas G, Papalambros E. J BUON. 2005;10(4):499-504
8. Retinol-binding protein, acute phase reactants and Helicobacter pylori infection in patients with gastric adenocarcinoma. Tsavaris N, Kosmas C, Kopterides P, Tsikalakis D, **Skopelitis H**, Sakelaridi F, Papadoniou N, Tzivras M, Balatsos V, Koufos C, Archimandritis A. World J Gastroenterol. 2005;11(45):7174-8
9. A phase II study of the docetaxel-carboplatin chemotherapy regimen in advanced non-small-cell lung cancer. Tsavaris N, Kosmas C, **Skopelitis E**, Gennatas K, Zorbala A, Papas P, Gouveris P, Antypas G, Rokana S, Tzelepis G. Lung. 2005;183(6):405-16
10. Methotrexate-paclitaxel-epirubicin-carboplatin (M-TEC) combination chemotherapy in patients with advanced bladder cancer: an open label phase II study. Tsavaris N, Kosmas C, **Skopelitis H**, Dimitrakopoulos A, Kopterides P, Bougas D, Stravodimos K, Mitropoulos D, Alamanis C, Giannopoulos A. J Chemother. 2005;17(4):441-8
11. Second-line treatment with oxaliplatin, leucovorin and 5-fluorouracil in gemcitabine-pretreated advanced pancreatic cancer: A phase II study. Tsavaris N, Kosmas C, **Skopelitis H**, Gouveris P, Kopterides P, Loukeris D, Sigala F, Zorbala-Sypsa A, Felekouras E, Papalambros E. Invest New Drugs. 2005;23(4):369-75
12. Dose escalation of docetaxel and ifosfamide in patients with advanced breast cancer failing prior anthracyclines: mature results of a phase I-II study. Cosmas C, Tsavaris N, Malamos N, Tsakonas G, Gassiamis A, **Skopelitis H**, Soukouli G, Polyzos A, Mylonakis N, Karabelis A. J BUON. 2005;10(3): 337-346

13. Distal sensory polyneuropathy in HIV-positive patients in the HAART era: an entity underestimated by clinical examination. **Skopelitis EE**, Kokotis PI, Kontos AN, Panayiotakopoulos GD, Konstantinou K, Kordossis T, Karandreas N. *Int J STD AIDS*. 2006;17(7):467-72
14. Aspects of the association between leishmaniasis and malignant disorders. Kopterides P, Mourtzoukou EG, **Skopelitis E**, Tsavaris N, Falagas ME. *Trans R Soc Trop Med Hyg*. 2007;101(12):1181-9
15. Comparison of two oral regimens for the outpatient treatment of low-risk cancer patients with chemotherapy-induced neutropenia and fever: ciprofloxacin plus cefuroxime axetil versus ciprofloxacin plus amoxicillin/clavulanate. Sipsas NV, Kosmas C, Ziakas PD, Karabelis A, Vadiaka M, **Skopelitis E**, Kordossis T, Tsavaris N. *Scand J Infect Dis*. 2007;39(9):786-91
16. Differential sensitivity of thick and thin fibers to HIV and therapy-induced neuropathy. Kokotis P, Schmelz M, **Skopelitis EE**, Kordossis T, Karandreas N. *Auton Neurosci*. 2007;136(1-2):90-5
17. Early detection of subclinical HIV sensory polyneuropathy using intraepidermal nerve fibre density quantification: association with HIV stage and surrogate markers. **Skopelitis E**, Aroni K, Kontos AN, Konstantinou K, Kokotis P, Karandreas N, Kordossis T. *Int J STD AIDS*. 2007;18(12):856-60
18. Sequential administration of 5-fluorouracil (5FU)/leucovorin (LV) followed by irinotecan (CPT-11) at relapse versus CPT-11 followed by 5-FU/LV in advanced colorectal carcinoma. A phase III randomized study. Tsavaris N, Kosmas C, **Skopelitis H**, Papadoniou N, Polyzos A, Zografos G, Adoniou E, Gryniatsos J, Felekouras E, Zacharakis M, Sigala F, Bacoyiannis C, Papastratis G, Papalambros E. *Chemotherapy*. 2007;53(4):282-91
19. Docetaxel-ifosfamide combination in patients with advanced breast cancer failing prior anthracycline-based regimens: results of a phase I-II study. Kosmas C, Tsavaris N, Mylonakis N, Tsakonas G, Gassiamis A, **Skopelitis H**, Polyzos A, Malamos N, Karabelis A. *J Chemother*. 2007;19(3):322-31
20. Gabapentin monotherapy for the treatment of chemotherapy-induced neuropathic pain: a pilot study. Tsavaris N, Kopterides P, Kosmas C, Efthymiou A, **Skopelitis H**, Dimitrakopoulos A, Pagouni E, Pikazis D, Zis PV, Koufos C. *Pain Med*. 2008;9(8):1209-16
21. Efficacy of tropisetron in patients with advanced non-small-cell lung cancer receiving adjuvant chemotherapy with carboplatin and taxanes. Tsavaris N, Kosmas C, Kopterides P, Vadiaka M, Kosmas N, **Skopelitis H**, Karadima D, Kolliokosta G, Tzima E, Loukeris D, Pagouni E, Batziou E, Xyla V, Koufos C. *Eur J Cancer Care (Engl)*. 2008;17(2):167-73
22. Prognostic factors in patients with locally advanced (unresectable) or metastatic pancreatic adenocarcinoma: a retrospective analysis. Papadoniou N, Kosmas C, Gennatas K, Polyzos A, Mouratidou D, **Skopelitis E**, Tzivras M, Sougioultzis S, Papastratis G, Karatzas G, Papalambros E, Tsavaris N. *Anticancer Res*. 2008;28(1B):543-9
23. Cardiotoxicity of fluoropyrimidines in different schedules of administration: a prospective study. Kosmas C, Kallistratos MS, Kopterides P, Syrios J, **Skopelitis H**, Mylonakis N, Karabelis A, Tsavaris N. *J Cancer Res Clin Oncol*. 2008;134(1):75-82

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25. Impact of the metabolic syndrome and its components combinations on arterial stiffness in Type 2 diabetic men. Levisianou D, Melidonis A, Adamopoulou E, **Skopelitis E**, Koutsovasilis A, Protopsaltis I, Zairis M, Kougialis S, Skoularigis I, Koukoulis G, Foussas S, Triposkiadis F. *Int Angiol.* 2009 Dec;28(6):490-5
26. Atorvastatin therapy is associated with improvement of oxidized low-density lipoprotein cholesterol levels, which correlates with the degree of stenosis in patients with carotid atheromatosis with and without prior angioplasty. Kougialis S, **Skopelitis E**, Gialernios T, Nikolaou S, Kroustalis A, Katsadorou E, Gialernios K, Zervou A, Gika E, Polydorou A, Polydorou V, Drakoulis C, Iliopoulos N, Dermitzakis I, Mpilinis H, Polydorou A. *Int Angiol.* 2010;29(4):338-47
27. Cardiovascular risk evaluation and antiretroviral therapy effects in an HIV cohort: implications for clinical management: the CREATE 1 study. Aboud M, Elgalib A, Pomeroy L, Panayiotakopoulos G, **Skopelitis E**, Kulasegaram R, Dimian C, C Lampe F, Duncan A, Wierzbicki AS, Peters BS. *Int J Clin Pract.* 2010;64(9):1252-9
28. Polyneuropathy induced by HIV disease and antiretroviral therapy. Kokotis P, Schmelz M, Papadimas GK, **Skopelitis EE**, Aroni K, Kordossis T, Karandreas N. *Clin Neurophysiol.* 2013;124(1):176-82
29. Arterial stiffness predicts risk for long-term recurrence in patients with type 2 diabetes admitted for acute coronary event. Levisianou D, Foussas S, **Skopelitis E**, Adamopoulou E, Xenopoulou T, Destounis A, Koukoulis G, Skoularigis I, Melidonis A, Triposkiadis F. *Diabetes Res Clin Pract.* 2013;99(3):315-20
30. Chemotherapy ± cetuximab modulates peripheral immune responses in metastatic colorectal cancer. Xynos ID, Karadima ML, Voutsas IF, Amptoulach S, **Skopelitis E**, Kosmas C, Gritzapis AD, Tsavaris N. *Oncology.* 2013;84(5):273-83
31. PGP 9.5 neuronal marker may differentiate immunohistochemically HIV-related from Mediterranean and immunosuppression-associated Kaposi's sarcoma. Xyla V, **Skopelitis E**, Ziakas PD, Kontos A, Ioannidis E, Kordossis T, Aroni K. *Arch Dermatol Res.* 2013;305(10):917-23
32. Prognostic significance of smoking in addition to established risk factors in patients with Dukes B and C colorectal cancer: a retrospective analysis. Diamantis N, Xynos ID, Amptulah S, Karadima M, **Skopelitis H**, Tsavaris N. *J BUON.* 2013;18(1):105-15
33. Concurrence of cat-scratch disease and paradoxical tuberculosis-IRIS lymphadenopathy: a case report. Eleftheriotis G, Skopelitis E. *BMC Infect Dis.* 2022 Mar 3;22(1):213
34. Immune-checkpoint inhibitor-associated grade 3 hepatotoxicity managed with enteric-coated budesonide monotherapy: A case report. Eleftheriotis G, Skopelitis E. *Medicine:* 1.3

35. Ten years follow-up under atorvastatin therapy of patients with carotid artery stenosis: the prognostic impact of oxidised low-density lipoprotein on carotid plaque progression and restenosis. Adamantia Polydourou, Konstantinos Alexopoulos, Victoria Polydourou, **Elias Skopelitis**, Xanthula Kougiali, Nikolaos Liasis, Maura Griffin, Theano Demesticha, Maria Piagkou, Vasilios Protogerou, Dimitris Filippou, Eleni Velissariou, George Dimakopoulos, Theodoros Troupis. Journal of Humanitarian Cardiovascular Medicine 2022, 1(1), 29-40
36. Case Report: Intracranial hypertension in an adult-onset Still's disease patient initially presented with prolonged fever. G Eleftheriotis, E Skopelitis - F1000Research, 2021 - f1000research.com
37. Efficacy and Safety of Adintrevimab (ADG20) for the Treatment of High-Risk Ambulatory Patients With Mild or Moderate Coronavirus Disease 2019: Results From a Phase 2/3, Randomized, Placebo-Controlled Trial (STAMP) Conducted During Delta Predominance and Early Emergence of Omicron. Michael G Ison¹, Myra Popejoy², Nikolay Evgeniev³, Maria Tzekova⁴, Kathryn Mahoney², Natalia Betancourt², Yong Li², Deepali Gupta², Kristin Narayan², Ellie Hershberger², Lynn E Connolly², Ilker Yalcin², Anita F Das², John Genge², Michelle Smith², Ed Campanaro², Pamela Hawn², Pete Schmidt²; STAMP Study Group. Collaborators **STAMP Study Group**: Heloísa Costa Ravagnani Muniz, Maria Tzekova, Kiril Palaveev, Vasil Tsenov, Lilia Pekova, Antoaneta Hadzhieva, Roza Mitreva, Nikolay Nikolaev, Elena Gyuzeleva, Marc Oliver Kornmann, Olaf Schmidt, Garyfalia Poulakou, Charalampos Milionis, Diamantis Kofteridis, Meletios-Athanasios Dimopoulos, **Ilias Skopelitis**, Anastasia Kotanidou, Sotirios Tsiodras, Grzegorz Kania, Dagmara Grenik, Tomasz Zajac, Anca Streinu-Cercel, Larisha Pillay-Ramaya, Mohamed Mookadam, Lerato Mohapi, Johan George Geldenhuys, Yacoob Vahed, Chantelle Holmgren, Martha Mekebeb-Reuter, William Brumskine, Douwe De Jong, Natasha Joseph, Kirsten McHarry, Shahid Wadvalla, Olena Kobrynska, Igor Kireyev, Kyrylo Lebed, Pavlo Logoida, Olga Barna, Olga Gyrina, Bogdan Gundertaylo, Viktoriia Rodionova. Open Forum Infect Dis 2023 May 24;10(6):ofad279. eCollection 2023 Jun