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TEACHING

Undergraduate Courses

1. Introduction to Nursing, 1st Semester (co-teaching)
2. Organization and Management of Nursing Care Plan, 4th Semester (co-teaching)
3. Nursing Theories – Nursing Care Systems, 7th Semester (co-teaching)
4. Clinical Nursing, 8th Semester (co-teaching)

Postgraduate Courses

1. MSc Program, Department of Nursing, National and Kapodistrian University of Athens (NKUA): Specialized Palliative Care and Advanced Oncology Nursing
 - Ethical Dilemmas and Advanced Care Planning, 2nd Semester
 - Organization and Quality Assessment of Palliative Care, 3rd Semester
2. MSc Program, Department of Nursing, NKUA: Applied Nursing Science – Infection Prevention and Control
 - Ethical Dilemmas and Advanced Care Planning, 2nd Semester

Continuing Nursing Education Programs

- 2007–2013: **Nursing Specialties** by the Ministry of Health (~405 hours)

- 1997–2010: Vocational training and lifelong learning programs as **Instructor** (~310 hours in Vocational Training Centers funded by the European Union), **Scientific Supervisor** in one (1), and **Evaluator** in one (1) Lifelong Learning – Continuing Education and Vocational Training Program funded by the European Union
- 2005–2025: **In-hospital training programs** (~100 hours total)

EDUCATION

- **PhD** (2010), Department of Nursing, NKUA, Interdepartmental and Interuniversity Program in Health Services Management and Organization
 - Dissertation: “Investigation of the impact of an educational program on the documentation of nursing care among Greek nurses”
- **Certificate of Pedagogical and Teaching Competence**, ASPAITE (2002), EPPAIK ASPAITE Athens
- **MSc** (2000), Department of Nursing, NKUA, Interdepartmental and Interuniversity Program in Health Services Management and Organization
 - Specialization: “Management and Organization of Nursing Services”
 - Thesis: “Quality Assurance in Health Services”
- **BSc** in Nursing, National and Kapodistrian University of Athens (1996)

RESEARCH INTERESTS

1. Organization and Management of Nursing Care Plan
2. Nursing Care Systems
3. Nursing Theories
4. Quality of Nursing Care
5. Nursing Management
6. Palliative Care

RESEARCH PROJECTS

1. Study for the Creation of an Accident Recording and Reporting System in areas under the jurisdiction of the Municipality of Athens – pilot implementation in a

representative sample of local authorities (Municipality of Athens – D.E.A.D.A.), data collection team member, 1994

2. Study on the trading drugs outside the “closed” hospitalization fees: Evaluation and Proposals, Laboratory of Health Services Organization and Evaluation, research team member, 1998
3. “Training Nurses in the Role of Mentor,” Scientific Supervisor for Laiko General Hospital of Athens. Collaboration with University of Lancaster, Dept. of Nursing, ATEI Athens, “Errikos Dynan” Hospital, “Laiko” General Hospital, 11/2004
4. Participation in questionnaire completion and informational material for the Ministry of Health’s Health Map project, 2005
5. Research team member in the project: “Investigation of the impact of an educational program for documentation of nursing care among Greek nurses,” funded by the Special Account for Research Grants (ELKE), NKUA. Scientific Supervisor: Associate Professor E. Patiraki. Code: 70/4/5689, 2009–2010
6. Expert in the NSRF project: “Functional upgrade of Primary Health Care (PHC) providers in the Peloponnese region through the development of 12 Nursing Protocols,” implemented by the Department of Nursing, University of the Peloponnese, 2012–2013
7. “AKESO 2 – Development of operational standards and evaluation of home care services and training for skill development in 120 NHS nurses,” voluntary participation, 2013–2014
8. Expert in the ERASMUS+ KA2 I CARE program (code 2015-1-EL01-KA2002-0114051), 1/12/2015–30/11/2016, implemented by the Laboratory of Health Services Organization and Evaluation, Department of Nursing, NKUA
9. Participation in the research project “Randomised controlled trial to evaluate electronic symptom management using the advanced symptom management system (ASyMS) remote technology for patients with cancers,” code 14815, managed by the Special Account for Research Grants, NKUA, 2018
10. Participation in the research project “Investigation of the value of provided care from the perspective of patients with cardiovascular disease (VIP Cardio, Value-based Indicators for Patient-centered Cardiovascular Care),” co-funded by

ELIDEK-GSRT, Scientific Supervisor: Professor Daphne Kaitelidou, Department of Nursing, NKUA, 2023

Publications

- O. Siskou, P. Galanis, O. Konstantakopoulou, I. Karagkouni, D. Kousi, K. Chatzika, D. Palitzika, K. Milkas, J. Zarifis, K. Petsios, I. Kosmas, Z. Gkamalis, J. Darviri, I. Iakovou, P. Minogiannis, P. Peleka, A. Liarigkovinou, V. Katsi, G. Charalampous, I. Pagkozidis, S. Belechakis, S. Tsalamandris, A. Papanikolaou, K. Tsioufis, E. Siafi, **M. Chatzopoulou**, [...], D. Kaitelidou (2025), Investigating Cardiac Patients' Reported Outcomes and Experiences Within the Greek Health System: Results from the VIP Cardio Survey. Global Healthcare Transformation in the Era of Artificial Intelligence and Informatics J. Mantas et al. (Eds.) © 2025 The Authors. doi:10.3233/SHTI250753.
- Stergioti, V. Karra, **M. Chatzopoulou**, M. Kalafati, (2025) The Effect of Local Use of Insulin on Wound-Ulcer in Diabetic or Non-Diabetic Patients: A Scoping Review The International Journal of Lower Extremity Wounds 1–13, doi: 10.1177/1534734625133818.
- D. Kaitelidou, C Baret, O Konstantakopoulou, M Zafiropoulou, M Theodorou, O Siskou, M Kalafati, **M Chatzopoulou**, V Karra, G Delloro, E Patiraki, C Lemonidou, P Sourtzi, Competencies Of Formal Carers Regarding Basic Clinical And Soft Skills In The Provision Of Outpatient Services And Patients' Perspective: The Two Sides Of The Same Coin, Value in Health, 2017, Vol 20 (9): 692.
- M. Korali, S. Katsaragakis, **M. Chatzopoulou**, E. Patiraki (2024) Palliative Care Problems and Needs and Quality of Life of Ambulatory Patients with Diabetes Mellitus, Abstract: 3.358, EAPC 2024 Palliative Medicine 38(1S), 234.
- C. Askian, S. Katsaragakis, **M. Chatzopoulou**, E. Patiraki, Is there a relationship between psychological resilience and quality of professional life of nurses caring chronically ill patients? EAPC 2025, Palliative Medicine 39(2S), 456.

- Siskou O, Galanis P, Konstantakopoulou O, Karagkouni I, Kousi D, Petsios K, Kosmas I, Gamalia Z, Darvyri J, Iacovou J, Minogiannis P, Peleka P, Liarigkovinou A, Chatzika P, Palitzika D, Milkas K, Zarifis J, Katsi V, Charalambous G, Pagkozidis I, Belechakis S, Tsalamandris S, Papanikolaou A, Tsioufis K, Siafi E, **Chatzopoulou M**, [...], Kaitelidou D Investigating Cardiac Patients Outcomes: Results from the VIP-Cardio Survey, Value in Health, Dec 2024: S515.
- Galanis P, Konstantakopoulou O, Siskou O, Karagkouni I, Katsi V, Charalambous G, Siafi I, Pagkozidis I, Belechakis S, Tsalamandris S, Papanikolaou A, Tsioufis K, Petsios K, Kosmas I, Gamalia Z, Darvyri J, Iacovou J, Minogiannis P, **Chatzopoulou M**, [...], Kaitelidou D, Translation and Transcultural Adaptation of a Patient – Reported Experiences Measure (PREM) to assess Cardiac Patients reported Experiences in Greece, Value in Health, Dec 2024: S515-516.
- Siskou O, Galanis P, Kousi D, Konstantakopoulou O, Karagkouni I, Peleka P, Liarigkovinou A, Katsi V, Charalambous G, Pagkozidis I, Belechakis S, Tsalamandris S, Papanikolaou A, Tsioufis K, Chatzika P, Palitzika D, Milkas K, Zarifis J, Petsios K, Kosmas I, Gamalia Z, Darvyri J, Iacovou J, Minogiannis P, **Chatzopoulou M**, [...], Kaitelidou D, Investigating Cardiac Patients Reported Experiences from Hospitalization, Value in Health, Dec 2024: S528.
- **Chatzopoulou M**. “The Use of Simulation in Basic Training for the Organization of Nursing Care,” Editorial Article, Nursing and Research, 70 (Sep–Dec 2024): 176–181.
- Marki E., Sigkouna D., **Chatzopoulou M.**, Platis Ch. “The Concept of Quality in the Emergency Department (ED): Focus on the Role of Triage and Informatics,” Nursing, 2019, 58(4): 328–338.
- **Chatzopoulou M.**, Katsaragakis S., Karlou Ch., Patiraki E. “Investigation of the Effectiveness of an Educational Program for the Documentation of Nursing Care among Nurses,” Nursing, 2012, 51(4): 293–405.
- **Chatzopoulou M**. “Electronic Documentation in Nursing Care,” Editorial Article, Nursing and Research, 2012, 34: 12–13.

BOOK AUTHORSHIP

- Liaropoulos L., Ignatiadis Th., Prezerakos P., **Chatzopoulou M.** Study on the Circulation of Drugs Outside the “Closed” Hospitalization System: Evaluation and Proposals. Participation in the research team. Published by the Laboratory of Health Services Organization and Evaluation, University of Athens
- **Chatzopoulou M.** Scientific Editor of the book “Notes on the Organization, Administration, and Management of Nursing Services,” Athens
- Kostagiolas P., Kaitelidou D., **Chatzopoulou M.** “Improving Quality in Health Services,” Papasotiriou Publications, Athens, 2008
- Katsaragakis & **M. Chatzopoulou**, contribution to section editing and translation of the book “Guide to Developing a Nursing Care Plan: Diagnoses, Interventions, and Rationales,” edited by E. Patiraki-Kourbani, Paschalidis Publications, 2009
- Katsaragakis S. & **Chatzopoulou M.**, contribution to the book “Introduction to Nursing Science” by S. Zyga and collaborators, Beta Publications, Athens. Chapter 10: Nursing Care Plan for a Patient with Hyperthermia, pp. 124–125
- Katsaragakis & **M. Chatzopoulou**, contribution to section editing and translation of the book “Guide to Developing a Nursing Care Plan: Diagnoses, Interventions, and Rationales,” edited by E. Patiraki-Kourbani, 15th English and 2nd Greek Edition, Paschalidis Publications, 2021

ORGANIZATIONAL & ADMINISTRATIVE ACTIVITY

1. Member of the Internship Committee, Department of Nursing, National and Kapodistrian University of Athens (NKUA)
2. **Nurse at "Laiko" General Hospital of Athens (1998–2025) in the following positions of responsibility:**
 - **1998–2002:** RN at “Laiko” G.H.A., 2nd Department of University Propedeutic Surgery, “Laiko” G.H.A.
 - **2002–2011:** Training Office of “Laiko” G.H.A., as Deputy Coordinator
 - **2011–2013:** Research and Continuing Education Office of “Laiko” G.H.A., as Head Nurse

- **2014:** Maternity and Childcare Leave
- **2015–2019:** Head Nurse at the 2nd Department of University Propedeutic Surgery, “Laiko” G.H.A.
- **2019–2024:** Head Nurse of the Coronary Unit, “Laiko” G.H.A.
- **2024–29/4/2025:** Sector Head of the 3rd Nursing Sector at “Laiko” G.H.A.

Additional Roles & Contributions:

- **1st Semester 2003:** Accredited Nurse by the Office of the Hellenic Presidency of the Ministry of Foreign Affairs, for health coverage of clinics established by the Health Region of A' PeSYP Attica to support the needs of the Hellenic Presidency of the European Union (at Zappeion and central hotels in Athens)
- **2004:** Member of the Press and Information Working Group during the Olympic Games
- **2005–29/4/2025:** Laiko G.H.A. Training Center (KEK), as Head of Training
 - Delivered 7 continuing education programs totaling 958 hours
- **2008–29/4/2025:** Internal Inspector for the Quality Management System (QMS) of the Central Sterilization Department
- **2008:** Appointed Deputy for Processing of the Information System
- **2010:** Appointed Head of the Team managing the hospital's transition to the "Diavgeia" system (Greek transparency program)
- **2012–2013:** Responsible for Educational Data in the Health Map Team at Laiko G.H.A.
- **2019–29/4/2025:** Responsible for the implementation of the Greek DRG System – Hospital Service Costing System at Laiko G.H.A.

MEMBERSHIP IN SCIENTIFIC ORGANIZATIONS

1. Hellenic Society of Nursing Studies (2011–2013: President, 2013–2016: General Secretary, 2016–2019: President, 2019–2026: General Secretary of the Board of Directors)
2. North American Nursing Diagnosis Association- International (NANDA-I) (Member)

3. Association for Common European Nursing Diagnoses, Interventions and Outcomes (ACENDIO) (Member)

HONORS & DISTINCTIONS

Scholarships

- **1992:** Scholarship from the State Scholarships Foundation (IKY) for admission to the Department of Nursing (ranked 1st among entrants)
- **1994–1995:** Merit-based scholarship from IKY (3rd highest academic performance of the year)

Conference Awards

- **EDTNA/ERCA National Scholarship Award 2008**, Greece, Title: “Patient Satisfaction from a Renal Transplantation Unit Services in a Hellenic Public Hospital”, **Chatzopoulou M.**, Georgaki K., Papasimakopoulou A., Saratzi X., Giannakidou A., Ntokos A., Benos I., Zavos G.

Health Business Awards 2024

- **Gold Award** in the category “Effective Hospital Management”, Project: Innovation in the Myocardial Infarction Unit of “Laiko” General Hospital – “The Patient at the Center of Care”, Role: Member of the Project Team