DIMITRA D. PAIKOPOULOU

Laboratory Teaching Staff (EDIP)
Fundamental and Advanced Nursing Care of Patients with Kidney Disease
Laboratory of Clinical Nursing Practice | Medical-Surgical Nursing Sector
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TEACHING

Undergraduate Studies

Independent Teaching

- Nephrology Nursing, 6th semester

Co-teaching

- Physiology I, 2nd semester
- Clinical Nursing, 8th semester

Teaching Support

- Fundamentals of Nursing I, 2nd semester (laboratory)
- Fundamentals of Nursing II, 3rd semester (clinical practice)

Postgraduate Studies

Independent Teaching

- Care of Patients Undergoing Transplantation, 2nd semester, MSc Programme “Applied Nursing Science,” specialization in “Nephrology Nursing”
- Comorbidities in Kidney Disease, 2nd semester, MSc Programme “Applied Nursing Science,” specialization in “Nephrology Nursing”

Co-teaching

- Laboratory Investigation and Therapeutic Approaches to Acute and Chronic Renal Failure, 2nd semester, MSc Programme “Applied Nursing Science,” specialization in “Nephrology Nursing”
- Evidence-Based Nursing Care of Patients Receiving Hemodialysis and Peritoneal Dialysis, 2nd semester, MSc Programme “Applied Nursing Science,” specialization in “Nephrology Nursing”
- Evidence-Based Nursing Care: Protocols and Clinical Practice Guidelines, 3rd semester, MSc Programme “Applied Nursing Science,” specialization in “Nephrology Nursing”
- Nutrition, Exercise and Pharmacotherapy in Kidney Disease, 3rd semester, MSc Programme “Applied Nursing Science,” specialization in “Nephrology Nursing”
- Psychosocial Effects of Kidney Disease in Adults and Children, 3rd semester, MSc Programme “Applied Nursing Science,” specialization in “Nephrology Nursing”

EDUCATION

- PhD, Department of Nursing, National and Kapodistrian University of Athens (NKUA), 2002. Dissertation: “The Effect of Erythropoietin and L-Carnitine on Anemia in Patients Undergoing Hemodialysis.”
- MSc in Basic Sciences, Department of Nursing, National and Kapodistrian University of Athens (NKUA), 1997.
- BSc in Nursing, National and Kapodistrian University of Athens (NKUA), 1993.

POSTGRADUATE TRAINING AND PROFESSIONAL DEVELOPMENT

- Specialization in Nephrology Nursing, “Evangelismos” General Hospital of Athens, 1997.
- Certification in Transplant Coordination, Transplant Coordination and Control Service, “G. Gennimatas” General Hospital of Athens, 1998.
- Degree in Educational Studies, Athens School of Pedagogical and Technological Education (ASPETE), 2000.
- Certification in Adult Education, National Organization for the Certification of Qualifications and Vocational Guidance (EOPPEP), 2007.
- Advanced Trauma Care for Nurses (ATCN) certification, 2026.

RESEARCH INTERESTS

- Fundamental, Advanced and Applied Nursing
- Hemodialysis, Peritoneal Dialysis and Transplantation

SCIENTIFIC PUBLICATIONS

- Gerali M, Servitzoglou M, Paikopoulou D, Theodosopoulou H, Madianos M, Vasilatou Kosmidis H. Psychological problems in children with cancer in the initial period of treatment. Cancer Nursing. 2011 Jul–Aug;34(4):269–276.
- Gerali M, Paikopoulou D, Servitzoglou M. Sustainable Development in Healthcare. International Journal of Reliable and Quality E-Healthcare. 2015;4(2):31–38.
- Paikopoulou D. Chronic Kidney Disease in Community. International Journal of Occupational Health and Public Health Nursing. 2020;6(2):75–78.
- Giannakopoulou M, Vouzavali F, Paikopoulou D, Paschali A, Mpouzika M, Karanikola M. Attitudes, beliefs and knowledge towards Medical Cannabis of Greek undergraduate and postgraduate university nursing students. Complementary Therapies in Medicine. 2021;58:102703.
- Aslanidou C, Paikopoulou D, Alikari V. Factors associated with nonadherence to the hemodialysis regimen. Archives of Hellenic Medicine. 2022;39(1):39–44.
- Dritsa V, Paikopoulou D. Non-pharmacological psychological nursing interventions in the depression of patients undergoing hemodialysis. Nursing Care and Research. 2024;68:24–39.

AUTHORSHIP AND EDITORIAL WORK ON SCIENTIFIC BOOKS

- Paikopoulou D. Administration of Fluids and Blood Substitutes. In: Grigorakos L, Prezerakos P, Pisimisis E, Mpouzika M, editors. Trauma. Athens: Garamond; 1998. p. 63–68.
- Paikopoulou D. Laboratory Investigation of Renal Diseases—Urological and Hematological Tests (pp. 49–76); Imaging Tests (pp. 77–92); Diet in Chronic Renal Failure (pp. 179–200). In: Matziou-Megapanou V, editor. Nephrology Nursing. Athens: Lagos Medical Publications; 2009.
- Masia-Plana A, Liossatou A. Principles of Nursing in Kidney Care. Greek edition co-edited by D. Paikopoulou. Athens: Paschalidis Publications; 2026.

ORGANIZATIONAL AND ADMINISTRATIVE ACTIVITIES

- Reviewer of scientific papers in the Nephrology Nursing thematic area, 31st Panhellenic Nursing Conference, Athens,2004.
- Reviewer of scientific papers in the Nephrology Nursing thematic area, 32nd Panhellenic Nursing Conference, Thessaloniki, 2005.
- Reviewer of scientific papers for the journal “Hellenic Journal of Nursing”
- Reviewer of scientific papers for the journal “Nursing Care and Research”.
- Member of the Nephrology Nursing Protocols Committee and the Working Group for Translation of Nephrology Nursing Guidelines of the Hellenic Nephrology Nurses Association (ENEN).

POSTGRADUATE DISSERTATION SUPERVISION AND EXAMINATION

- Supervisor of postgraduate dissertations in MSc programmes: 9 in total.
- Member of three-member examination committees for postgraduate dissertations: 17 in total.

MEMBERSHIP OF SCIENTIFIC ORGANIZATIONS AND ASSOCIATIONS

- Member of the Hellenic Nurses Association (ESNE).
- Member of the Board of Directors of the Nursing Studies Association (2004–2007).
- Member of the Hellenic Nephrology Nurses Association (ENEN).

HONOURS AND DISTINCTIONS

- Stavros Niarchos Foundation (SNF) scholarship for simulation-based training at Johns Hopkins University, 2023.