INTENSIVE CARE UNIT

<table>
<thead>
<tr>
<th>HOSPITAL BASED CLINICAL ACTIVITY NAME</th>
<th>Athens University School of Nursing, Intensive Care Unit at “Agioi Anargyroi” General Hospital of Kifissia</th>
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<tbody>
<tr>
<td>POSTAL ADDRESS</td>
<td>Kalyftaki N. Kifissia 145 64 Greece</td>
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<tr>
<td>TEL</td>
<td>210 3501698, 210 3501334</td>
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<tr>
<td>FAX</td>
<td>210 6231949</td>
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<tr>
<td>E-MAIL</td>
<td><a href="mailto:gbaltop@nurs.uoa.gr">gbaltop@nurs.uoa.gr</a></td>
</tr>
<tr>
<td>DIRECTOR NAME</td>
<td>Professor George J. Baltopoulos</td>
</tr>
<tr>
<td>WEBSITE</td>
<td><a href="http://www.icutopics.gr">www.icutopics.gr</a></td>
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DIRECTOR OF THE HOSPITAL BASED CLINICAL ACTIVITY DETAILS

<table>
<thead>
<tr>
<th>PHOTOGRAPH</th>
<th>Short CV</th>
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| ![Photograph](image) | Professor of Critical Care and Pulmonary Diseases Athens University, Faculty of Nursing  
Director of Athens University School of Nursing I.C.U. at “Agioi Anargyroi” Hospital of Kifissia |

HISTORY

The Critical Care & Pulmonary Diseases Department of Athens University School of Nursing, was founded in 1994 and begun functioning in 1996 (Agioi Anargyroi Hospital of Kifissia). After the earthquake of 1999 relocated to “KAT” Hospital of Kifissia. Since December 1st 2010 it was relocated again to the new “Agioi Anargyroi” Hospital and started admitting patients from January 3rd, 2011. The Department of Critical Care & Pulmonary Diseases (12 ICU beds) is offering clinical training in doctors, nurses and students of nursing, in addition to the patients care.

The Laboratory of Functional Testing of the Lungs, Bronchoscopy and Hyperbaric Medicine was founded in 1996 and begun functioning in 1998 (Agioi Anargyroi Hospital of Kifissia).

After the earthquake of 1999 relocated to “KAT” Hospital of Kifissia. Since December 1st 2010 it was relocated again to the new “Agioi Anargyroi” Hospital and
started admitting patients from March 1st, 2011.

It is offering clinical training in doctors, nurses and students of nursing in addition to the patients care (one hyperbaric chamber and one sleep studies bed).

Joined to the two above mentioned activities is the Research Unit, which is still located in “KAT” Hospital and will be relocated to “Agioi Anargyroi” Hospital soon. Measurements of several agents in biologic materials are performed there as well as ex vivo and in vitro studies. Those activities come to support the research interests of the members of the department. The research unit is also available for collaboration with other research teams.

### PERSONNEL

<table>
<thead>
<tr>
<th>Name</th>
<th>Degree</th>
<th>Tel.Nr/Fax</th>
<th>e-mail</th>
</tr>
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<tbody>
<tr>
<td><strong>Teaching and Research Staff</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>George Baltopoulos</td>
<td>Professor</td>
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</tr>
<tr>
<td>Leonidas Gregorakos</td>
<td>Associate Professor</td>
<td>210 6280400</td>
<td></td>
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</table>

| **Clinic Members**     |              |            |                             |
| E. Boutzouka          | MD           | 210 3501559| Anesthesiology and Critical Care |
| V. Zidianakis         | MD           | 210 3501196| I Anesthesiology and Critical Care |
| P. Evaggelopoulou     | MD           | 210 3501195| Internal Medicine and Critical Care |
| A. Gavala             | MD           | 210 3501195| Pulmonary Diseases and Critical Care |
| E. Tsiggou            | MD           | 210 3501559| Pulmonary Diseases and Critical Care |
| V. Karaouli           | MD           | 210 3501190| Pulmonary Diseases and Critical Care |
| M. Pappa              | MD           | 210 3501190| Anesthesiology and Critical Care |
| K. Venetsanou         | Chemist      | 210 6280162| Research Unit               |
| L. Louizou            | RN           | 210 3501193|                             |

| **Specialized Medical Doctors** |              |            |                             |
| Ch. Demponeras         | Cardiologist | Trainee in Critical Care |
| N. Atzoulatos          | Pneumologist | Trainee in Critical Care |
| V. Koutsoukou         | Internal Medicine | Pulmonary and Critical Care |
| Z. Athanassa          | Pneumologist | Trainee in Critical Care |
| S. Papachristos       | Internal Medicine | Trainee in Critical Care |
| A. Giakoumis          | Cardiologist | Trainee in Critical Care |

| **External Research Partners** |              |            |                             |

| **PhD Candidate Students** |              |            |                             |
| C. Charilaou            | RN           |            |                             |
| P. Matsas               | MD           |            |                             |
| A. Morfonios            | Economic     |            |                             |
D. Chaskou  RN
Ch. Demponeras  MD
Z. Athanassa  MD
S. Gerassimou  RN
E. Evodia  MD
M. Myrianthefs  MD
P. Lambrou  RN
P. Stergiannis  RN
G. Intas  RN
K. Gaitanou  RN
D. Hatzilia  MD
A. Kefaliakos  RN

**Secretariat**

Secretary Name: Dimitra Karabatsou  
Tel: 210 3501698, Fax: 210 6231949  
E-mail: dekara66@gmail.com

**CURRICULUM**

**Undergraduate Program (2010 - 2011)**

1. Critical Care Medicine, 7th Semester
2. Pulmonary Medicine & Nursing, 7th Semester
3. First Aid, 3rd Semester
4. Emergency Medicine, 8th Semester
5. Hyperbaric Medicine 4th Semester
6. Mechanical ventilation 8th Semester
7. Therapeutics 7th Semester
8. Evidence Based Nursing

See [www.icutopics.com](http://www.icutopics.com) or .gr

**Postgraduate Program 2010 - 2011**

See [www.icutopics.com](http://www.icutopics.com) or .gr
Lectures are offered every Tuesday morning 08:00-09:00, in ICU at “Agioi Anargyroi” Hospital, from October 1st – May 31st

**Masters Program of Lectures**

See [www.icutopics.com](http://www.icutopics.com) or .gr

1. Specific Treatment in Critical Care
2. Disaster Medicine & Crisis Management

**Other Teaching Activities**

See [www.icutopics.com](http://www.icutopics.com) or .gr
Two major scientific events (congresses) per year
**RESEARCH ACTIVITY**

See below

**RESEARCH PROJECTS**

- Ventilator Induced Lung Injury (VILI)
- Sepsis: Investigation of immunoparalysis in patients with sepsis.
- Pulmonary: Spirometry and prediction equations in Greeks aged 12-25 and 25–65 years old.
- Mechanisms of lung edema clearance
- Pulmonary hypertension
- ICU infections especially with MDR pathogens
- Fungal infections
- Pharmacokinetics

**PUBLICATIONS** (peer reviewed during the last 5 years)

8. Ioannides K, Myrianthefs P, Baltopoulos G. Colistin as a first choice antibiotic for the initial empiric antimicrobial therapy of VAP. ERJ 2007; 30:1234-1235


INFORMATION FOR THE PUBLIC

Every day, an outpatient clinic is available for the public, covering the following fields: Pulmonary diseases, Pain management, Internal medicine, Hyperbatic medicine, Sleep disorders. An appointment is needed.