

## PERSONAL INFORMATIONS

NAME: **GEORGIOS**  
SURNAME: **KALLERGIS**  
DEGREE: **Asst. PROFESSOR MD, PhD**  
SECTOR: **Mental Health and Behavioral Sciences**  
LABORATORY/CLINIC/INSTITUTE: **Psychopathology-Neuropsychology. Unit of Social Psychiatry-Center for Psychiatric Health Psychiatric Clinic At "Agiol Anargyroi" Hospital, Nea Kifissia, Greece**  
TEL. Nr: **2107718320**  
FAX: **2107718320**  
E-MAIL: **gkallerg [at] nurs.uoa [dot] gr**  
WORK ADDRESS: **National & Kapodistrian University of Athens, Faculty of Nursing, 123 Papadiamantopoulou Str, Goudi, Athens.**  
**Mental Health Center , Davakis PINDOU 42, GOUDI, Zografou, Athens**  
**Psychiatric Clinic At "Agiol Anargyroi" Hospital, Kalyftaki, Nea Kifissia, Greece**  
PERSONAL WEBSITE: **www.georgekallergis.gr**

### COURSES

#### UNDERGRADUATE

1. Clinical Psychiatry 7<sup>th</sup> Semester
2. Social Psychiatry 8<sup>th</sup> Semester

#### POST-GRADUATE

1. Psychotherapies 2<sup>nd</sup> Semester
2. Psychosocial Rehabilitation 2<sup>nd</sup> Semester

### STUDIES - ACADEMIC TITLES

Degree(s): **Medical Degree, University of Rome, School of Medicine, Italy,1980.**  
Degree(s): **B' Psychiatric Clinic of Aristotle University of Thessaloniki,Greece, 1988**  
Doctoral Degrees: **University of Ioannina, School of Medicine, Greece, 2001**

### ACADEMIC CAREER

1989-2004 : Psychiatrist in National Health System, Greece (N.H.S.), Psychiatric Department «METAXA» Cancer Hospital, Piraeus, Greece  
2004-2008: Lecture in Psychiatry, Faculty of Nursing, National and Kapodistrian University of Athens  
2008- present : Assistant Professor in Psychiatry, Faculty of Nursing, National and Kapodistrian University of Athens

### RESEARCH INTERESTS

- Social Psychiatry
- Psychotherapies
- Liaison Psychiatry
- Training and Support Groups for Healthcare professionals
- Therapeutic Relationship
- Informing Cancer Patient and Family in relation to his type of personality

## **SELECTED SCIENTIFIC PUBLICATIONS**

- 1.** Informing cancer patient in relation to his type of personality: the dependent (oral) patient.  
Kallergis G.  
J BUON. 2011 (in press)
- 2.** Informing cancer patient in relation to his type of personality: the controlling-orderly (obsessive) patient.  
Kallergis G.  
J BUON. 2010 Jul-Sep;15(3):601-6.
- 3.** Informing the cancer patient and family.  
Kallergis G.  
J BUON. 2009 Jan-Mar;14(1):109-14.
- 4.** Using the denial mechanism to inform the cancer patient.  
Kallergis G.  
J BUON. 2008 Oct-Dec;13(4):559-63.
- 5.** Using personality characteristics to individualize information to cancer patient.  
Kallergis G.  
J BUON. 2008 Jul-Sep;13(3):415-20. Review.
- 6.** Duration of Untreated Mental Disorders and Help-Seeking in a Sectorized Athens Area  
Madianos SM, Zartaloudi A., Kallergis G., Alevisopoulos G.  
PRIMARY CARE AND COMMUNITY PSYCHIATRY. Volume 13, N4, 148-154(7),2008
- 7.** Changes in Utilization of Community Mental Health Services in Three Athens Areas  
1979/1983-2000/2004  
Madianos M, Alevisopoulos, Kallergis G., Koukia E. Rouvali O., Tomaras V.  
EUROPEAN JOURNAL OF PSYCHIATRY Eur. J. Psychiat. v.22 n.4 , 2008
- 8.** Parameters that influence the outcome of nausea and emesis in cisplatin based chemotherapy.  
Tsavaris N, Kosmas C, Mylonakis N, Bacoyiannis C, Kalergis G, Vadiaka M, Boulamatsis D, Iakovidis V, Kosmidis P.  
Anticancer Res. 2000 Nov-Dec;20(6C):4777-83.
- 9.** Pain intensity in nondiabetic patients with myocardial infarction or unstable angina. Its association with clinical and psychological features.  
Tsouna-Hadjis E, Kallergis G, Agrios N, Zakopoulos N, Lyropoulos S, Liakos A, Sideris D, Stamatelopoulos S.  
Int J Cardiol. 1998 Dec 1;67(2):165-9.
- 10.** Factors that influence the antiemetic activity of metoclopramide to cisplatin based chemotherapy.  
Tsavaris N, Mylonakis N, Bacoyiannis C, Kosmas C, Kalergis G, Iakovidis V, Tzaninis D, Kosmidis P.  
Oncol Rep. 1998 Sep-Oct;5(5):1147-55.
- 11.** The Role of nursing in the Psychological Support of Patients  
G. Kallergis,  
Oncology Nurses today, Vol. 4, No 4, 1999.

## **BOOKS**

### **GREEK**

1. FAMILY APPROACH TO CANCER PATIENT IN THE LIAISON PSYCHIATRIC. G. Kallergis, Edition: Medical Graphics, ISBN 978-960-6827-00-6, 2008.
2. CHARACTERS AND PERSONALITY. G. Kallergis, Edition: Medical Graphics ISBN 978-960-6827-02-0, 2008.
3. INFORMING CANCER PATIENT. THEORY AND PRACTICE. G. Kallergis, Edition: Medical Graphics, ISBN 978-960-6827-03-7, 2008.
4. A GUIDE FOR INFORMATION AND COMMUNICATION WITH THE PATIENT G. Kallergis. Edition: Medical Graphics, ISBN 960-87977-0-5, 2003
5. EATING DISORDERS –AN APPROACH WITH FAMILY THERAPY G. Kallergis, Edition: Medical Graphics, 1998.

### **Book-Notes:**

#### **GREEK**

Social and Community Psychiatry, in <http://www.nurs.uoa.gr/shmeioseis.html>

Lessons of Clinical Psychiatry, in <http://www.nurs.uoa.gr/shmeioseis.html>

### **PLEASE PROVIDE YOUR NAME/SURENAME USING LATIN CHARACTERS. THEY MUST BE THE SAME WITH THOSE USED IN YOUR INTERNATIONAL SCIENTIFIC PUBLICATIONS**

(for searching within international databases (PubMed, Google Scholar, Scopus). Please provide all combinations of name/& last-name that have been used in your publications )

- Kallergis G
- Kalergis G

### **MEMBERS OF SCIENTIFIC ASSOCIATIONS**

1. Hellenic Psychiatric Association
2. Hellenic Psychosocial Oncology Association
3. European Federation for Psychoanalytic Psychotherapy
4. International Psychooncology Society
5. Hellenic Anticancer Association
6. Balcan Union of Oncology (Buon)
7. World Association for Psychosocial Rehabilitation (WAPR)
8. Hellenic Medical Association Psychosomatics
9. Hellenic Society of Group Analysis and Family Therapy

### **ADMINISTRATIVE AND MANAGEMENT ACTIVITIES**

- Building Supervisor of Mental Health Cente, Davakis Pindou 42, Goudi, Zografou, Athens (2006-present)
- 1993-2004 : Organized the “Annual Meetings Psychooncology”, in National Health System “Metaxa” Hospital
- 2003 : Established and Organized the New Community Center Psychooncology, of the National Health System “Metaxa” Hospital
- Member and Teaching personnel of Hellenic Society of Group Analysis and Family Therapy

- Member of the Sector of Public Health of Faculty of Nursing of NKUOA.
- Member Committee for postgraduate programs

#### **SOCIAL ACTIVITIES**

- Hellenic Association of Women with mastectomies (Group therapy with patients)
- Seminars in “Agalazio”(group of volunteers against cancer) Seminars in “SOLIDARITY”  
( Group Volunteers at Cancer Support Association of Cancer Patients )
- Seminars in Hellenic Anticancer Association
- Seminars in nursing home “CARE”