

PERSONAL INFORMATIONS

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DEGREE: ASSOCIATE PROFESSOR
SECTOR: PATHOLOGIC - NURSING
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COURSES

UNDERGRADUATE

- First Aid,
- Emergency Medicine
- Pulmonary – Intensive Care

POST-GRADUATE (Course name, semester, program)

- New Approaches in the ICU
- (Currently suspended due to parliamentary duties status)
- Research Interests,
- Bronchial asthma, pulmonary embolism, mechanical ventilation, infection, Health Policies

STUDIES - ACADEMIC TITLES

- Thessaloniki University School of Medicine (MD), Thessaloniki, Greece
- Athens University School of Medicine, Department of Pneumology at Sotiria Hospital, Athens, Greece (Specialty of Pneumology)
- Athens University School of Medicine (PhD), Athens, Greece
- Cook County Hospital. University of Illinois, Chicago, USA (Critical Care Medicine)
- University of Maryland, Baltimore, USA (Intensive Care Medicine)

SELECTED SCIENTIFIC PUBLICATIONS

- P. Myrianthefs, N. Markou, L. Gregorakos. Rare roentgenologic manifestations of pulmonary edema. *Curr opin Crit Care* (2011) 658
- A. Michalopoulos, M. Falagas, D. Karatza, P. Alexandropoulou, E. Papadakis, L. Gregorakos, G. Chalevalakis, G. Pappas. Epidemiologic, clinical characteristics and risk factors for advance outcome in multiresistant gram-negative primary bacteremia of critically ill patients. *American Journal of Infection Control* (2010); 1-5
- A. Michalopoulos, D. Karatza, L. Gregorakos. Pharmacokinetic evaluation of colistin sodium. *Xpert Opin. Drug Metab. Toxicol.* (2010) 1-11
- P. Myrianthefs, A. Gavala, E. Skordilis, I. Grammatopoulou, G. Fildissis, L. Grigorakos, G. Baltopoulos. Spirometric Reference Values From a Sample of an Urban Greek Population. *Respiratory Therapy* (2010) 5(5): 36-41
- L. Grigorakos, K. Sakagianni, E. Tsigou, G. Apostolakos, G. Nikolopoulos, D. Veldekis Outcome of acute heroin overdose requiring intensive care unit admission. *Journal of Opioid management* (2010) 6:3, 227-231

- Grigorakos L, Markou N, Myriantefs P, Sotiriou E, Alexopoulou ,Kanavaki M, Damianos A, Baltopoulos G. Near Drowning: A Clinical approach. *Lung* (2009) 187:93-97
- Sgountzos V, Simopoulou S, Sakayianni K, Grigorakos L. Comparative study of RT23 and Merieux tuberculin tested on Police Academy students in Athens *Journal Infectious Disease*
- Grigorakos L, Sotiriou E, Markou N, Stratouli S, Boutzouka E, Philntisis G, Baltopoulos G.
Combined nutritional support in patients with chronic obstructive pulmonary disease (COPD) under mechanical ventilation
Hepatology (2009); 56:1612-1614
- Grigorakos L, Sotiriou E, Koulendi D, Michail A, Alevizou S, Evagelopoulou P, Karatzas S, Ligidakis N.
Preoperative pulmonary evaluation (PPE) as a prognostic factor in patients undergoing upper abdominal surgery.
Hepatology. 2008 Jul-Aug;55(85):1229-32.
- Grigorakos L, Sotiriou E, Myriantefs P, Michail A, Koulendi D, Zidianakis V, Gianakopoulos K, Baltopoulos G.
Approach to patients with pulmonary embolism in a surgical intensive care unit.
Hepatology. 2008 May-Jun;55(84):887-90.
- Lygidakis NJ, Bhagat AD, Vrachnos P, Grigorakos L.
Multiorgan resection for advanced abdominal malignancies--is it feasible?
Hepatology. 2007 Jul-Aug;54(77):1353-8.
- Lygidakis NJ, Bhagat AD, Vrachnos P, Grigorakos L.
Challenges in everyday surgical practice: synchronous bilobar hepatic colorectal metastases--newer multimodality approach.
Hepatology. 2007 Jun;54(76):1020-4.
- Lygidakis NJ, Bhagat AD, Sharma SK, Kefalourous H, Porfiris T, Grigorakos L, Vrachnos P, Mihalopoulos A, Bleta A, Bodozoglou N, Voulgari K, Vlachos L.
Leiomyosarcoma of the inferior vena cava--an unusual case.
Hepatology. 2007 Apr-May;54(75):710-5; discussion 716-7.
- Lygidakis NJ, Singh G, Bardaxoglou E, Dedemadi G, Sgourakis G, Nestoriois J, Malliotakis A, Pedonomou M, Safioleas M, Solomou EK, Grigorakos L, Vrachnos P.
Changing trends in the management of Klatskin tumor.
Hepatology. 2004 May-Jun;51(57):689-96.
- Lygidakis NJ, Singh G, Bardaxoglou E, Dedemadi G, Sgourakis G, Nestoridis J, Malliotakis A, Pedonomou M, Solomou EK, Safioleas M, Alamani M, Grigorakos L, Merikas EM.
Mono-bloc total spleno-pancreaticoduodenectomy for pancreatic head carcinoma with portal-mesenteric venous invasion. A prospective randomized study.
Hepatology. 2004 Mar-Apr;51(56):427-33.
- Lygidakis NJ, Singh G, Bardaxoglou E, Dedemadi G, Sgourakis G, Nestoridis J, Malliotakis A, Pedonomou M, Solomou EK, Safioleas M, Alamani M, Grigorakos L, Merikas EM.
Two-stage liver surgery for advanced liver metastasis synchronous with colorectal tumor.
Hepatology. 2004 Mar-Apr;51(56):413-8.

- Markou N, Grigorakos L, Myrianthefs P, Boutzouka E, Rizos M, Evagelopoulou P, Apostolakos H, Baltopoulos G.
Venous pressure measurements in the superior and inferior vena cava: the influence of intra-abdominal pressure.
Hepatogastroenterology. 2004 Jan-Feb;51(55):51-5.
- Limberi S, Markou N, Sakayianni K, Vourliotou A, Kremastinou F, Savari E, Gregorakos L.
Coronary artery disease and upper abdominal surgery: impact of anesthesia on perioperative myocardial ischemia.
Hepatogastroenterology. 2003 Nov-Dec;50(54):1814-20.
- Markou N, Apostolakos H, Koumoudiou C, Athanasiou M, Koutsoukou A, Alamanos I, Gregorakos L.
Intravenous colistin in the treatment of sepsis from multiresistant Gram-negative bacilli in critically ill patients.
Crit Care. 2003 Oct;7(5):R78-83. Epub 2003 Jul 28.
- Apostolopoulou E, Bakakos P, Katostaras T, Gregorakos L.
Incidence and risk factors for ventilator-associated pneumonia in 4 multidisciplinary intensive care units in Athens, Greece.
Respir Care. 2003 Jul;48(7):681-8.
- Gregorakos L, Myrianthefs P, Markou N, Chroni D, Sakagianni E.
Severity of illness and outcome in adult patients with primary varicella pneumonia.
Respiration. 2002;69(4):330-4.
- Recovery from severe inhalational phosphine poisoning. Report of two cases
Gregorakos L, Sakayianni K, Harizopoulou H.
Clinical Intensive Care 2002, 13(4): 177-179
- Gregorakos L, Thomaidis T, Stratouli S, Sakayanni E.
The use of clonidine in the management of autonomic overactivity in neuroleptic malignant syndrome.
Clin Auton Res. 2000 Aug;10(4):193-6.
- Gregorakos L, Sakayianni K, Hroni D, Harizopoulou V, Markou N, Georgiadou F, Adamidou M.
Prolonged coma due to cerebral fat embolism: report of two cases.
J Accid Emerg Med. 2000 Mar;17(2):144-6.
- Gregorakos L, Sakayianni K, Hroni D, Harizopoulou V, Georgiadou F, Adamidou M.
Management of severe and complicated malaria in the intensive care unit.
Intensive Care Med. 1999 Jul;25(7):744-7.
- Gregorakos L, Hroni D, Sakayianni K, Adamidou M, Harizopoulou V, Georgiadou F.
Thoracic outlet syndrome (TOS) and pulmonary embolism (PE): report of two cases.
Clinical Intensive Care.1999;10:24-27
- Gregorakos L, Sakayianni K, Hroni D, Adamidou M, Harizopoulou V, Georgiadou F.
Mechanical ventilation at home. A ten-year experience in Greece.
Anaesthesia Pain Intensive Care and Emergency Medicine. 1998, 224-228
- Gregorakos L, Sakayianni K, Hroni D, Harizopoulou V, Milona L, Papazacharias Ch.

Bedside lower limb venography in ICU patients with recurrent pulmonary embolism.
Anaesthesia Pain Intensive Care and Emergency Medicine. 1998, 245-249

- Gregorakos L, Hroni D, Sakayianni K, Harizopoulou V, Georgiadou F, Adamidou M.

GCS and CT as outcome predictors in severe head injury.

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- Gregorakos L, Sakayianni K, Hroni D, Liberi S, Adamidou M, Harizopoulou V, Milona L.

Varicella Pneumonia in the ICU.

Anaesthesia Pain Intensive Care and Emergency Medicine. 1998, 385-389

- Gregorakos L, Kerezoudi E, Dimopoulos G, Thomaides T.

Management of blood pressure instability in severe tetanus: the use of clonidine.

Intensive Care Med. 1997 Aug;23(8):893-5.

- Gregorakos L, Dimopoulos G, Liberi S, Mavropanou D, Antypas G.

Fat embolism Syndrome (FES) in traumatized patients. A five year experience of a single Intensive Care Unit (ICU).

Applied Cardiopulmonary Pathophysiology 1996 6:105-109

- Gregorakos L, Dimopoulos G, Liberi S, Antypas G.

Hydrogen sulphide poisoning. Management and Complications.

Angiology. 1995 46:12: 1123-1131