

Personal Information

NAME: **Panayota**
SURNAME: **Sourtzi**
POSITION: **Professor (OHN)**
SECTOR: **Public Health**
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Teaching

- **Undergraduate level:**
 - Occupational Health, 4th semester
 - Gerontology Nursing, 5th semester
 - Fundamentals of Nursing, 1st semester
- **Postgraduate level:**
 - Occupational Health
 - Demography
 - Health Education

Studies-Academic Titles

- 1992-95: Ph.D. in Nursing Studies, University of Birmingham , UK
- 1991-92: Master of Medical Science in Occupational Health, Institute of Occupational Health, University of Birmingham, UK
- 1986-1989: BSc in Nursing, National and Kapodistrian University of Athes.
- 1978-1982: RN and Health Visitor

Academic Career

- Adjunct Professor, Faculty of Nursing, UoA 1996-2000
- Assistant Professor, Faculty of Nursing, UoA 2000
- Associate Professor, Faculty of Nursing, UoA 2006
- Professor, Faculty of Nursing, UoA 2013

Research Interests

- Occupational and Environments Health
- Occupational Health Nursing
- Health Promotion and Health Education

- Health Care for Vulnerable Groups, e.g. elderly, immigrants
- Nursing Education

Participation in national and international research project. The following are ongoing:

- 2013-: ELLAN, European Later Life Active Network. <http://ellan.savonia.fi/>
- 2013-: AKESO 2- Development, organization and evaluation of home nursing care services – nurses’ education in home care and palliative care in the community. MIS:375875
- 2011-: Investigation of education and practice of occupational health nurses in the European Union countries under the auspices of the Federation of Occupational Health Nurses in the EU (FOHNEU). <http://www.fohneu.org>
- 2011-: THALIS–UOA-The Detection, Transcription, and Analysis of Inequalities to Healthcare Access for Immigrants Living in Greece, MIS 377228
- 2011-: Occupational Ability and Health in Nurses
- 2011-: The influence of financial crisis on workers health
- 2008- : The influence of education on patients with heart failure in promoting their quality of life following discharge from hospital

Recent/Important International Publications in Refereed Journals

- Papastavrou E, Kalokerinou A, Alevizopoulos G, Papakostas S, Sourtzi P (2007). The Burden Experienced by Family Care Givers of their Demented Relatives. *JOURNAL of ADVANCED NURSING*, 58(5): 446-57
- Jarup L, Babisch W, Houthuijs D, Pershagen G, Katsouyanni K, Cadum E, Dudley ML, Savigny P, Seiffert I, Swart W, Breugelmans O, Bluhm G, Selander J, Haralabidis A, Dimakopoulou K, Sourtzi P, Velonakis M, VignaTaglianti F. (2008). Hypertension and Exposure to Noise near Airports - the HYENA study *Environ Health Perspectives*, 116 (3), 329-333.
- Lambrinou A, Sourtzi P, Kalokerinou A, Lemonidou C (2009): Attitudes and knowledge of the Greek Nursing students towards Older People. *Nurse Education Today*, 29, 617-622.
- Korompeli A, Sourtzi P, Ch Tzavara, E. Velonakis (2009). The hormone levels change of Intensive Care Unit nurse personnel working irregular rotating shift system. *JOURNAL of ADVANCED NURSING*, 65, 1274-1282.
- Patelarou E, Vardavas K, Tzilepi P, Sourtzi P (2009). Nursing educational and practice in a changing environment: The case of Greece. *Nurse Education Today*, 29, 840-4.
- Alexandropoulou M, Sourtzi P, Kalokerinou A (2010): Evaluation of health promotion activities in school nursing practice. *SCHOOL HEALTH NURSING*, 26(4):278-88.
- Sourtzi P, Roka V, Velonaki V, Kalokerinou A (2010). Health Promotion Programs for the Elderly in Greece, the “Health Pro Elderly” Project. *HYGIEIA INTERNATIONALIS*, 9, 385-395
- Patelarou E, Stefanou E, Kargaki S, Niewenhuijsen M, Sourtzi P, Gracia E, Chatzi L, Koutis A, Kogevinas M (2011). The association between low exposure to brominated

trihalomethanes and reproductive outcomes in a coastal area in Greece. *OEM*, 68, 438-445.

- Tziaferi S, Sourtzi P, Kalokerinou A, Sgourou E, Koumoulas E, Velonakis E (2011): Physical Risks evaluation by multiple methods in the hospital environment. *SH@W*, 2, 260-272
- Lambrinou E, Kalogirou F, Lamnisis D, Sourtzi P (2012). Effectiveness of heart failure management programmes with nurse-led discharge planning in reducing readmissions: A systematic review and meta-analysis. *IJNS*, 49, 610-624
- Korompeli A, Tzavara C, Lemonidou C, Sourtzi P (2013). Sleep disturbance in nursing personnel working shifts. *NURSING FORUM* 48, 45-53
- Bucaj A, Sourtzi P, Galanis P, Kalokerinou A, Velonakis E. (2013). Dietary habits of Albanian immigrants living in Greece in comparison to Albanians living in their country. *MEDITERRANEAN JOURNAL OF NUTRITION AND METABOLISM*, 6, 39-44
- Toli T, Sourtzi P, Tsoumakas K, Kalokerinou A. (2013). Association between knowledge and attitudes of school nurses towards epilepsy and the risk of accidents in Greek schools. *EPILEPSY AND BEHAVIOUR*, 27, 333-336
- Tziaferi S., Kalokairinou A., Sourtzi P., Prezerakos P., Velonakis Em. (2013). Perception of occupational hazards among Greek hospital workers: a cross sectional study. *INTERNATIONAL JOURNAL OF HEALTH RESEARCH & INNOVATION*, 1, 1-13
- Galanis P, Sourtzi P, Bellali T, Theodorou M, Karamitri I, Siskou O, Charalambous G, Kaitelidou D. Public health services knowledge and utilization among immigrants in Greece: a cross-sectional study. *BMC Health Serv Res*. 2013 13(1):350.
- Donadiki EM, Jiménez-García R, Hernández-Barrera V, Sourtzi P, Carrasco-Garrido P, López de Andrés A, Jimenez-Trujillo I, Emmanuel G, Velonakis EG. Factors related to contraceptive methods among female higher education students in Greece (2013). *JOURNAL OF PEDIATRICS AND ADOLESCENT GYNECOLOGY*, DOI: 10.1016/j.jpag.2013.06.011

Membership in Scientific/Professional Bodies

- National Nurses Association & Member of the Primary Health Care/Community Nursing group
- Nursing Studies Society
- Hellenic Association of Gerontology and Geriatrics (board member) (www.gerontology.gr)
- Federation of Occupational Health Nurses in the EU (board member 2003-) (www.fohneu.org)

Administrative and Management Activities

- Scientifically Responsible for the Clinical Practice Project
- Member of the Undergraduate Studies Curriculum Committee
- Member of the Internal Evaluation Committee

Social Responsibility Activities

- Chair, Member of the Society for the support of carers of patients with Alzheimer's disease

Honourable Awards

- Hellenic State scholarship for postgraduate studies abroad 1991-1995