

PERSONAL INFORMATION

NAME	Nikolaos
SURNAME	Fotos
DEGREE	Assistant Professor
SECTOR	Internal Medicine-Nursing
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COURSES

UNDERGRADUATE	
1	Medical Nursing I (5 th semester)
2	Medical Nursing II (6 th semester)
3	Cardiovascular Nursing (7 th semester)
4	Clinical Nursing Practice (8 th semester)
POST-GRADUATE	
1	Therapeutic nursing interventions in Gastroenterology, 2nd semester, Direction: "Clinical Nursing", Specialization: "Gastroenterology Nursing"
2	Management of Gastroenterology - Endoscopy Unit, 2nd semester, Direction: "Clinical Nursing", Specialization: "Gastroenterology Nursing"
3	Management of patients with acute cardiovascular problems, 2 nd semester Direction: "Clinical Nursing", Specialization: "Cardiovascular Nursing"
4	Management of patients with chronic cardiovascular problems, 2 nd semester Direction: "Clinical Nursing", Specialization: "Cardiovascular Nursing"
5	Interventional procedures for the diagnosis and treatment of cardiovascular diseases , 2 nd semester Direction: "Clinical Nursing", Specialization: "Cardiovascular Nursing"
6	Organization-Management of special Cardiology Units, 2 nd semester Direction: "Clinical Nursing", Specialization: "Cardiovascular Nursing"
7	Prevention of cardiovascular diseases, 2 nd semester Direction: "Clinical Nursing", Specialization: "Cardiovascular Nursing"

STUDIES - ACADEMIC TITLES

Degree(s)	Nurse, Faculty of Nursing, National and Kapodistrian University of Athens, 1999
Masters Degrees	Clinical Nursing, Faculty of Nursing, National and Kapodistrian University of Athens, 2001
Doctoral Degrees	Faculty of Nursing, National and Kapodistrian University of Athens. Title: "Celiac disease in patients with hepatitis C hepatopathy under pegylated-interferon alpha-2b plus ribavirin treatment", 2006

ACADEMIC CAREER

Lecturer	2009, Faculty of Nursing, National and Kapodistrian University of Athens
Assistant Professor	2015, Faculty of Nursing, School of Health Sciences, National and Kapodistrian University of Athens

RESEARCH INTERESTS

Cardiac Nursing
Gastroenterology Nursing
Viral Hepatitis
Quality of life of patients with chronic diseases

SELECTED SCIENTIFIC PUBLICATIONS

1. Ioannis S. Elefsiniotis, Irene Glynou, Konstantinos D. Pantazis, Nikolaos V. Fotos , Ioanna Magazioutou, Helen Kada. Prevalence of chronic HBV infection among 13,581 women at reproductive age in Greece. A prospective single center study. Journal of Clinical Virology 2005; 32 (2): 179-180.
2. Ioannis S. Elefsiniotis, Irene Glynou, Ioanna Magazioutou, Konstantinos D. Pantazis, Nikolaos V. Fotos , Hero Brokalaki, Helen Kada, George Saroglou. HBeAg negative serological status and low viral

replication levels characterize chronic hepatitis B virus-infected women at reproductive age in Greece: A one-year prospective single center study. <i>World Journal of Gastroenterology</i> 2005; 11 (31): 4879-4882.
3. Ioannis S. Elefsiniotis, Brokalaki Hero, Anargiros Mariolis, Konstantinos D. Pantazis, Nikolaos V. Fotos , Ioannis Ketikoglou, George Saroglou. Serological profile of HBV infection and liver histopathology among injecting drug users with chronic HCV infection in Greece. <i>European Journal of Internal Medicine</i> 2005; 16 (7): 496-500.
4. Ioannis S. Elefsiniotis, Konstantinos D. Pantazis, Nikolaos V. Fotos , Antonios Moulakakis and Christos Mavrogiannis. Late onset autoimmune thrombocytopenia associated with pegylated interferon-a-2b plus ribavirin treatment for chronic hepatitis C. <i>Journal of Gastroenterology and Hepatology</i> 2006; 21 (3): 622-623.
5. Ioannis S. Elefsiniotis, Nikolaos V. Fotos , Konstantinos D. Pantazis, Despina Papadeli, Christos Mavrogiannis. Celiac Disease in Chronic Hepatitis C Patients under Pegylated-interferon plus Ribavirin Treatment. Preliminary Results of a Prospective Single Center Study. <i>Hepato-gastroenterology</i> 2007; 54 (75): 2 p preceding table of contents.
6. Evridiki Patelarou, Gianna Giourgouli, Aikaterini Lykeridou, Evagelia Vrioni, Nikolaos Fotos , Eleni Siamaga, Victoria Vivilaki, Hero Brokalaki. Association between biomarker-quantified antioxidant status during pregnancy and infancy and allergic disease during early childhood: a systematic review. <i>Nutrition Reviews</i> 2011; 69 (11): 627-641.
7. H. Brokalaki, K. Giakoumidakis, N.V. Fotos , P. Galanis, E. Patelarou, E. Siamaga, I.S. Elefsiniotis. Factors associated with delayed hospital arrival among patients with acute myocardial infarction: a cross-sectional study in Greece. <i>International Nursing Review</i> 2011; 58 (4): 470-476.
8. Konstantinos Giakoumidakis, George I. Baltopoulos, Christos Charitos, Evridiki Patelarou, Nikolaos V. Fotos , Hero Brokalaki-Pananoudaki. Risk factors for increased in-hospital mortality: A cohort study among cardiac surgery patients. <i>European Journal of Cardiovascular Nursing</i> 2012; 11 (1): 23-33.
9. Nikolaos V. Fotos , Konstantinos Giakoumidakis, Zoi Kollia, Petros Galanis, Panagiota Copanitsanou, Evangelia Pananoudaki, Hero Brokalaki. Health-related quality of life of patients with severe heart failure. A cross-sectional multicentre study. <i>Scandinavian Journal of Caring Sciences</i> 2013; 27 (3): 686-694.
10. Despoina G. Alamanou, Nikolaos V. Fotos , Hero Brokalaki. Interruption of therapy during intrahospital transport of non-ICU patients. <i>Health Science Journal</i> 2013; 7 (2): 177-187.
11. Hero Brokalaki, Evridiki Patelarou, Konstantinos Giakoumidakis, Zoi Kollia, Nikolaos V. Fotos , Victoria Vivilaki, Eirini Brokalaki, Evaggelos Chatzistamatiou, Ioannis E. Kallikazaros. Translation and validation of the Greek Minnesota Living with Heart Failure Questionnaire. <i>Hellenic Journal of Cardiology</i> 2015; 56 (1): 10-19.

NAME/SURENAME USING LATIN CHARACTERS. THEY MUST BE THE SAME WITH THOSE USED IN YOUR INTERNATIONAL SCIENTIFIC PUBLICATIONS

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| 1. Nikolaos Fotos |
| 2. Nikolaos V. Fotos |
| 3. V. Fotos Nikolaos |

MEMBER OF SCIENTIFIC ASSOCIATIONS

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| 1. Hellenic Nurses' Association |
| 2. Hellenic Society of Nursing Studies |
| 3. Member of Editorial Board of "Hellenic Journal of Nursing" (official Journal of Hellenic Nurses' Association) |

ADMINISTRATIVE AND MANAGEMENT ACTIVITIES

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| 1. Association of Postgraduate Students of Nursing, National and Kapodistrian University of Athens (President of Board of Directors), 2000-2001 |
| 2. Hellenic Nurses' Association, Administration of Nursing Services Committee (General Secretary of Board of Directors), 2008-2012 |
| 3. Member of the Working Group on cooperation with the Organizing Committee of the Special Olympics World Games ATHENS 2011 (2009) |
| 4. Member of the Committee for the selection of postgraduate students for "Transcultural Nursing" Postgraduate Program, 2011-2013 |
| 5. Buildings Supervisor (Papadiamadopoulou 123), 2012-present |
| 6. National and Kapodistrian University of Athens, Faculty of Nursing (Member of Coordinating Committee of "Transcultural Nursing" Postgraduate Program), 2012-2013 |
| 7. National and Kapodistrian University of Athens, School of Health Sciences, Faculty of Nursing (Member of the Design and Programming research activities Committee), 2012-present |

HONORABLE AWARDS

1. Award of excellence from the National and Kapodistrian University of Athens for graduation with "Excellent" by the Faculty of Nursing. Athens, 1999
2. Modification of serological profile of HBV infection in intravenous drug users (I.D.U.) with chronic HCV infection. 1st best poster award . 30 th National Medical Congress. Athens, 2004
3. Award "Catherine Cafkia - Kepetzi" by the Hellenic Nurses' Association. Chania, 2007
4. Relationship between psychosocial interventions and outcomes of people with coronary artery disease. Meta-analysis. 1st best poster award . 2 nd National Congress of Prehospital Cardiology. Loutraki, 2010
5. Psychosocial interventions in patients with coronary artery disease. 1st best poster award . 3 rd Congress of Psychiatry in Primary Health Care. Kyllini, 2011
6. Attitudes and knowledge of nursing students toward organ donation and transplantation of tissues and organs. 2nd best oral presentation award . 39 th National Nursing Congress. Volos, 2012
7. The effect of music therapy in cardiac intensive care unit patients. 2nd best poster award . 4 th Congress of Psychiatry in Primary Health Care. Kyllini, 2012
8. Assessment of anxiety in patients with coronary artery disease. 2nd best poster award . 1 st National Congress of Mental Health in Primary Health Care. Athens, 2013