

## PERSONAL INFORMATION

<b>NAME</b>	Hero
<b>SURNAME</b>	Pananoudaki-Brokalaki
<b>DEGREE</b>	Professor
<b>SECTOR</b>	Internal Medicine-Nursing
<b>TEL. Nr</b>	+30 210 7461481 (Office)
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<b>WORK ADDRESS</b>	Papadiamadopoulou 123, Goudi, Athens

## COURSES

UNDERGRADUATE	
1	Medical Nursing I (5 <sup>th</sup> semester)
2	Medical Nursing II (6 <sup>th</sup> semester)
3	Cardiovascular Nursing (7 <sup>th</sup> semester)
4	Clinical Nursing Practice (8 <sup>th</sup> semester)
POST-GRADUATE	
1	Therapeutic nursing interventions in Gastroenterology, 2nd semester, "Gastroenterology Nursing", specialization: "Clinical Nursing"
2	Management of Gastroenterology - Endoscopy Unit, 2nd semester, "Gastroenterology Nursing", specialization: "Clinical Nursing"
3	Management of patients with acute cardiovascular problems, 2 <sup>nd</sup> semester "Cardiovascular Nursing", specialization: "Clinical Nursing"
4	Management of patients with chronic cardiovascular problems, 2 <sup>nd</sup> semester "Cardiovascular Nursing", specialization: "Clinical Nursing"
5	Interventional procedures for the diagnosis and treatment of cardiovascular diseases, 2 <sup>nd</sup> semester "Cardiovascular Nursing", specialization: "Clinical Nursing"
6	Organization and management of special cardiology units, 2 <sup>nd</sup> semester "Cardiovascular Nursing", specialization: "Clinical Nursing"
7	Prevention of cardiovascular diseases, 2 <sup>nd</sup> semester "Cardiovascular Nursing", specialization: "Clinical Nursing"

## STUDIES - ACADEMIC TITLES

<b>Degree(s)</b>	Nurse, Faculty of Nursing, National and Kapodistrian University of Athens, 1989
<b>Masters Degrees</b>	
<b>Doctoral Degrees</b>	Faculty of Nursing, National and Kapodistrian University of Athens. Title: "Circulatory and respiratory disorders during intrahospital transportation of patients", 1994
<b>Specialist qualification</b>	Nephrology Nursing, 1994

## ACADEMIC CAREER

<b>Lecturer</b>	1999, Faculty of Nursing, National and Kapodistrian University of Athens
<b>Assistant Professor</b>	2004, Faculty of Nursing, National and Kapodistrian University of Athens
<b>Associate Professor</b>	2009, Faculty of Nursing, National and Kapodistrian University of Athens
<b>Professor</b>	2013, Faculty of Nursing, National and Kapodistrian University of Athens

## RESEARCH INTERESTS

Oxygen therapy
Patient transportation
Myocardial infarction / Heart Failure / hypertension
Hepatitis
Patient information
Adult immunization

### SELECTED SCIENTIFIC PUBLICATIONS

1. <b>Brokalaki HJ</b> , Brokalakis JD, Digenis GE, Baltopoulos G, Anthopoulos L, Karvountzis G. Intrahospital transportation: monitoring and risks. <i>Intensive Crit Care Nurs.</i> 1996, 12: 183-186.
2. <b>Brokalaki H</b> , Matziou V, Zyga S, Kapella M, Tsaras K, Brokalaki E, Myrianthefts P. Omissions and errors during oxygen therapy of hospitalized patients in a large city of Greece. <i>Intensive Crit Care Nurs.</i> 2004, 20: 352-357.
3. Brokalaki EI, Sotiropoulos GC, Tsaras K, <b>Brokalaki H</b> . Awareness of diagnosis, and information-seeking behavior of hospitalized cancer patients in Greece. <i>Support Care Cancer</i> 2005, 13: 938-942.
4. <b>H Brokalaki</b> , V Matziou, E Brokalaki, A Merkouris, P Myrianthefts. Antibiotic and O <sub>2</sub> omission and errors in hospitalized patients: The role of hospital type. <i>J Nurs Care Qual</i> 2008, 23: 86-91.
5. <b>H. Brokalaki</b> , V. Matziou, E. Gymnopoulou P Galanis, Ei. Brokalaki, G Theodossiadis. Modification of nursing students' performance in blood pressure measurement: an educational retraining programme. <i>Int Nurs Rev</i> 2008, 55: 187 – 191.
6. Kiekkas BP, <b>Brokalaki H</b> , Theodorakopoulou G, Baltopoulos GI. Physical antipyresis in critically ill adults. <i>Am J Nurs.</i> 2008, 108: 40-49.
7. Kollia Z, Patelarou E, Vivilaki V, Kollia E, Kefou F, Elefsiniotis I, Dourakis SP, <b>Brokalaki H</b> . Translation and validation of the Greek chronic liver disease questionnaire. <i>World J Gastroenterol</i> 2010;16: 5838-5844.
8. <b>Brokalaki H</b> , Giakoumidakis K, Fotos NV, Galanis P, Patelarou E, Siamaga E, Elefsiniotis IS. Factors associated with delayed hospital arrival among patients with acute myocardial infarction: a cross-sectional study in Greece. <i>Int Nurs Rev</i> 2011; 58: 470-476.
9. Patelarou E, Giourgouli G, Lykeridou A, Vrioni E, Fotos N, Siamaga E, Vivilaki V, <b>Brokalaki H</b> . Association between biomarker-quantified antioxidant status during pregnancy and infancy and allergic disease during early childhood: a systematic review. <i>Nutr Rev</i> 2011; 69: 627-641.
10. Giakoumidakis K, Nenekidis I, <b>Brokalaki H</b> . The correlation between peri-operative hyperglycemia and mortality in cardiac surgery patients: a systematic review. <i>Eur J Cardiovasc Nurs</i> 2012; 11: 105-113.
11. Fotos NV, Giakoumidakis K, Kollia Z, Galanis P, Copanitsanou P, Pananoudaki E, <b>Brokalaki H</b> . Health-related quality of life of patients with severe heart failure. A cross-sectional multicentre study. <i>Scand J Caring Sci</i> 2013; 27: 686-694.
12. Giakoumidakis K, Eltheni R, Patelarou E, Theologou S, Patris V, Michopanou N, Mikropoulos T, <b>Brokalaki H</b> . Effects of intensive glycemic control on outcomes of cardiac surgery. <i>Heart Lung</i> 2013; 42: 146-151.

### NAME/SURENAME USING LATIN CHARACTERS. THEY MUST BE THE SAME WITH THOSE USED IN YOUR INTERNATIONAL SCIENTIFIC PUBLICATIONS

1. Hero Brokalaki
2. Hero Brokalaki-Pananoudaki

### AUTHORSHIP

1. Heart diseases and nursing care. Holistic approach. <b>Hero Pananoudaki-Brokalaki</b> . Lagos Dimitrios Medical Publications. Athens, 2014

### MEMBER OF SCIENTIFIC ASSOCIATIONS

1. Hellenic Nurses' Association
2. Hellenic Society of Nursing Studies
3. Hellenic Association of Gerontology and Geriatrics
4. Hellenic Association for the Study and Control of AIDS
5. Hellenic Transplant Organization
6. Member of Editorial Board of "Hellenic Journal of Nursing" (official Journal of Hellenic Nurses' Association)
7. Editor in chief of "Hellenic Journal of Nursing" (official Journal of Hellenic Nurses' Association), 2009-2011
8. Member of Editorial Board of "Hellenic Health Science Journal"

### ADMINISTRATIVE AND MANAGEMENT ACTIVITIES

1. Hellenic Nurses' Association (Member of Board of Directors), 1996-2000
2. Hellenic Nurses' Association (2 <sup>nd</sup> Vice President of Board of Directors), 2000-2007
3. Hellenic Nurses' Association (1 <sup>nd</sup> Vice President of Board of Directors), 2007-2011
4. Hellenic Society of Nursing Studies (Member of Board of Directors), 1992-1994
5. Hellenic Society of Nursing Studies (General Secretary of Board of Directors), 1994-1996
6. Hellenic Society of Nursing Studies (Vice President of Board of Directors), 2000-2002
7. Hellenic Society of Nursing Studies (President of Board of Directors), 2002-2004
8. Hellenic Transplant Organization (Member of Board of Directors), 1999-2012
9. University of Peloponnese, School of Human Movement and Quality of Life Sciences, Faculty of Nursing (Member of Temporary General Assembly), 2004-2006, 2008-2009
10. University of Peloponnese, School of Human Movement and Quality of Life Sciences, Faculty of Nursing (Substitute President of Temporary General Assembly), 2009-2012
11. University of Peloponnese, School of Human Movement and Quality of Life Sciences, Faculty of Nursing (President of undergraduate studies Committee), 2010-2011
12. National and Kapodistrian University of Athens, School of Health Sciences, Faculty of Nursing (Member of Committee of undergraduate studies)
13. National and Kapodistrian University of Athens, School of Health Sciences, Faculty of Nursing (Member of Coordinating Committee of postgraduate studies)

### HONORABLE AWARDS

1. Burnout in Greek nurses working in haemodialysis and CAPD units. <b>Certificate of Achievement for the best abstract.</b> XXIV Conference European Renal Care Association, 1995.
2. Evaluation of liver enzymes for the prediction of viremia in asymptomatic chronic HBV infected pregnant women ("ELENA" STUDY). <b>2<sup>nd</sup> best oral presentation award.</b> 10 <sup>th</sup> Congress of the European Federation of Internal Medicine (EFIM), 2011.
3. <b>Best presentation award</b> in eleven National Congresses