

Panayota Sourtzi

Professor (OHN)

Public Health Sector

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TEACHING

Undergraduate

1. Applied Epidemiology & Prevention, 4th semester
2. Occupational Health, 4th semester
3. Gerontology Nursing, 5th semester
4. Fundamentals of Nursing, 1st semester

Postgraduate

1. Occupational Health
2. Health Education
3. Demography

EDUCATION

1992-95: Ph.D. in Nursing Studies, University of Birmingham, UK

1991-92: Master of Medical Science in Occupational Health, Institute of Occupational Health, University of Birmingham, UK

1986-1989: BSc in Nursing, National and Kapodistrian University of Athens.

1978-1982: RN and Health Visitor

RESEARCH INTERESTS

- Occupational and Environmental Health
- Occupational Health Nursing
- Health Promotion and Health Education
- Health Care for Vulnerable Groups, e.g. elderly, immigrants
- Nursing Education

RESEARCH PROGRAMMES (recent)

2023-2026: CHANGE-Climate change and healthy AgeinG: co-creating E-learning for resilience and adaptation

2022-2023: HAiG-Healthy Aging and well-being of community-dwelling older persons in Greece

2020-2023: EMMA-EUROPEAN MASTER ON ACTIVE AGEING AND AGE-FRIENDLY SOCIETY, ERASMUS+ KA2, KE: 17267

2017-2021: "Safety Culture and Risk Management in Agriculture" (SACURIMA), COST: CA16123

2016-2017: Development of the Electronic Gerontology and Geriatrics Library, www.gerolib.gr

2015-2017: I_CARE, Erasmus+ , KA2-Cooperation for Innovation and the Exchange of Good Practices Strategic Partnerships for higher education 2015-1-EL01-KA202-014051

2013-2016: ELLAN, European Later Life Active Network. Project No: 539547-LLP-1-2013-1-FI-ERASMUS-ENW, KA:12473

SCIENTIFIC PUBLICATIONS (recent)

2023

Siskou O, Galanis P, Konstantakopoulou O, Stafylas P, Karagkouni I, Tsampalas E, Garefou D, Alexopoulou H, Gamvroula A, Lypiridou M, et al. *The Cost and the Value of Stroke Care in Greece: Results from the SUN4P Study*. *Healthcare*. 2023; 11(18):2545.

<https://doi.org/10.3390/healthcare11182545>

Wiggin DA, Setti A, Mali J, Ströckl DE, Sourtzi P, Nevala E, Penič B, Zymbal V, Cardadeiro G, Carnide F, Baptista F, Fitzgerald T & Timmons S (2023). *Learning needs in healthy and active aging according to key stakeholders: a multinational survey*, *Gerontology & Geriatrics Education*, DOI: 10.1080/02701960.2023.2252368

Petros Galanis, Aglaia Katsiroumpa, Panayota Sourtzi, Olga Siskou, Olympia Konstantakopoulou & Daphne Kaitelidou (2023) *The COVID-19 burnout scale: development and initial validation*, *Journal of Mental Health*, 32:5, 985-994, DOI: 10.1080/09638237.2023.2245914

Antonios Christodoulakis, George Kritsotakis, Manolis Linardakis, Panayota Sourtzi & Ioanna Tsiligianni (2023) *Emotional intelligence is more important than the learning environment in improving critical thinking*, *Medical Teacher*, 45:7, 708-716, DOI: 10.1080/0142159X.2023.2193305

Katsiroumpa A, Sourtzi P, Kaitelidou D, Siskou O, Konstantakopoulou O, Galanis P. *Predictors of Seasonal Influenza Vaccination Willingness among High-Risk Populations Three Years after the Onset of the COVID-19 Pandemic*. *Vaccines*. 2023; 11(2):331.

<https://doi.org/10.3390/vaccines11020331>

Christodoulakis A, Kritsotakis G, Gkorezis P, Sourtzi P, Tsiligianni I. *Linking Learning Environment and Critical Thinking through Emotional Intelligence: A Cross-Sectional Study of Health Sciences Students*. *Healthcare*. 2023; 11(6):826. <https://doi.org/10.3390/healthcare11060826>

Daisy A. Wiggin, Benjamin Penič, Outi Sulopuisto, Annalisa Setti, Jana Mali, Andrea Stitzel, Raija Kuisma, Fátima Baptista, Panayota Sourtzi & Suzanne Timmons (08 Mar 2023): *Postgraduate education in healthy and active ageing: a systematic scoping review of learning needs, curricula and learning impact*, *Gerontology & Geriatrics Education*, DOI: 10.1080/02701960.2023.2187386

2022

Galanis, P.; Katsiroumpa, A.; Sourtzi, P.; Siskou, O.; Konstantakopoulou, O.; Katsoulas, T.; Kaitelidou, D. *COVID-19-Related Burnout and Intention of Fully Vaccinated Individuals to Get a Booster Dose: The Mediating Role of Resilience*. *Vaccines* 2023, 11, 62. <https://doi.org/10.3390/vaccines11010062>

Tasiopoulou KE, Sourtzi P (2022). [*Investigation of health and safety conditions of migrants compared to native workers*](#). *Nursing Care & Research/Nosileia kai Ereuna*, 63: 121-149

Τζιάβα Σ, Σουρτζή Π (2022). *Αξιολόγηση Σχολικών Προγραμμάτων Αγωγής Υγείας* *Nursing Care & Research/Nosileia kai Ereuna*, 62: 86-97

Galanis, P.; Katsiroumpa, A.; Sourtzi, P.; Siskou, O.; Konstantakopoulou, O.; Katsoulas, T.; Kaitelidou, D. *Social Support Mediates the Relationship between COVID-19-Related Burnout and Booster Vaccination Willingness among Fully Vaccinated Nurses*. *Vaccines* 2023, 11, 46. <https://doi.org/10.3390/vaccines11010046>

[Pana A, Sourtzi P, Kalokairinou A, Velonaki VS. \(2022\). Sarcopenia and polypharmacy among older adults: A scoping review of the literature. Arch Gerontol Geriatr. doi: 10.1016/j.archger.2021.104520](#)

Siskou O, Galanis P, Konstantakopoulou O, Karagkouni I, Tsampalas E, Garefou D, Alexopoulou H, Gamvroula A, Kalliontzakis I, Fragkoulaki A, Kouridaki A, Tountopoulou A, Kouzi I, Vassilopoulou S, Manios E, Mavraganis G, Ntaios G, Karagkiozi E, Louka AM, Savopoulos C, Dimas G, Myrou A, Milionis H, Siopis G, Evaggelou H, Protogerou A, Samara S, Karapiperi A, Kakaletsis N, Gallos P, Papastefanatos S, Sourtzi P, Vemmos K, Korompoki E, Kaitelidou D. (2022). [Inpatient Cost of Stroke Care in Greece: Preliminary Results of the Web-Based "SUN4P" Registry. Stud Health Technol Inform. 289:439-442. doi: 10.3233/SHTI210952.](#)

Galanis P, Konstantakopoulou O, Karagkouni I, Gallos P, Tsampalas E, Lypiridou M, Gamvroula A, Mavraganis G, Manios E, Ntaios G, Karagkiozi E, Milionis H, Evangelou C, Tountopoulou A, Kouzi I, Vassilopoulou S, Protogerou A, Samara S, Karapiperi A, Savopoulos C, Hatzitolios AI, Myrou A, Kalliontzakis I, Kouridaki A, Papastefanatos S, Papastefanatos G, Vemmos K, Sourtzi P, Bellali T, Korompoki E, Kaitelidou D, Siskou O. (2022). [Assessing Staff's and Stroke Patients' Experiences in 8 Hospitals in Greece: Results from a Prospective Multi-Center Study \("SUN4Patients"\). Stud Health Technol Inform. 289:392-396. doi: 10.3233/SHTI210941.](#)

2021

[Pana A, Sourtzi P, Kalokairinou A, Pastroudis A, Chatzopoulos ST, Velonaki VS. \(2021\). Association between self-reported or perceived fatigue and falls among older people: A systematic review. Int J Orthop Trauma Nurs. 43:100867. doi: 10.1016/j.ijotn.2021.100867](#)

[Pesiridis T, Galanis P, Anagnostopoulou E, Kalokerinou A, Sourtzi P \(2021\). Providing care to patients with COVID-19 in a reference hospital: health care staff intentional behavior and factors that affect it. AIMS Public Health 8 \(3\), 456-466](#)

[Pana A, Sourtzi P, Kalokairinou A, Pastroudis A, Chatzopoulos ST, Velonaki VS. \(2021\). Association between muscle strength and sleep quality and duration among middle-aged and older adults: a systematic review. Eur Geriatr Med. 12\(1\):27-44. doi: 10.1007/s41999-020-00399-](#)

2020

[Mantzorou M, Economou M, Kalokerinou A, Sourtzi P, Zyga S, Politis A, Koukia E. Exploration of the relationship between stigma and burnout among Greek nurses in dementia care. J Nurs Manag. 2020 Apr;28\(3\):615-624. doi: 10.1111/jonm.12964](#)

[Sarla E, Lambrinou E, Galanis P, Kalokairinou A, Sourtzi P. \(2020\). Factors That Influence the Relationship Between Social Support and Health-Related Quality of Life of Older People Living in the Community. Gerontology and Geriatric Medicine 6, 1-10](#)

[Sourtzi P, Galanis P, Konstantakopoulou O, Siskou O, Kaitelidou D. \(2020\). Factors that influence the health status of immigrants living in Greece. AIMS Public Health 7 \(2\), 287-300](#)

[Kaitelidou D, Galanis P, Economou C, Mladovsky P, Siskou O, Sourtzi P. \(2020\). Inequalities Between Migrants and Non-Migrants in Accessing and Using Health Services in Greece During an Era of Economic Hardship. Int J Health Serv. 50\(4\):444-457. doi: 10.1177/0020731420902604](#)

[Leino-Kilpi H, Inkeroinen S, Cabrera E, Charalambous A, Fatkulina N, Katajisto J, Sigurðardóttir ÁK, Sourtzi P, Suhonen R, Zabalegui A, Valkeapää K. \(2020\). Instruments for Patient Education: Psychometric Evaluation of the Expected Knowledge \(EKhp\) and the Received Knowledge of Hospital Patients \(RKhp\). J Multidiscip Healthc. 13:1481-1505. doi: 10.2147/JMDH.S271043](#)

2019

[Syrou N & Sourtzi P \(2019\). Implementation and evaluation of a distance learning program on school safety and hygiene. IJEL, 1, 73-84](#)

2018

[Copanitsanou P, Sourtzi P, Cano S, Cabrera E, Charalambous A, Katajisto J, Leino-Kilpi H, Papastavrou E, Valkeapää K, Zabalegui A, Lemonidou C. Empowering Education of Arthroplasty Patients' Significant Others in Three Southern European Countries. International Journal of Older People Nursing, 2018, 13\(3\), e12193, doi: 10.1111/opn.12193](#)

[Tsoopoki V, Laiou E, Tziaferi S, Velonakis E, Sourtzi P. Translation and Psychometric Properties of the OSQ in a sample of Greek Workers. IJOH&PHN, 2018, 5 \(2\), 7-22.](#)

BOOKS

1. Kalokerinou A & Sourtzi P (2005): Community Nursing. Beta medical arts ISBN 960-8071-86-0.
2. Sourtzi P (2008). International Issues in Occupational Health Nursing. In Oakley K (ed.). Occupational Health Nursing. London, 3rd edition, Willey/Blackwell. ISBN: 978-0-470-03553-5, pp.139-155.
3. Velonakis E. & Sourtzi P (2009): Health and Work. Beta medical arts ISBN 978-960-452-071-8.
4. Sourtzi P and Menezello T (2011): Elderly and People with Disabilities: Limitations in their everyday life. In Molenbroek, Mantas & De Bruin (eds). A Friendly Rest Room: Developing Toilets of the Future for Disabled and Elderly People. ISBN, 978-1-60750-751-2.
5. Knall G, Sourtzi P, Liaskos J (2011): Experience of testing with elderly users. In Molenbroek, Mantas & De Bruin (eds.). A Friendly Rest Room: Developing Toilets of the Future for Disabled and Elderly People. ISBN, 978-1-60750-751-2.
6. Dijkman, B., Roodbol, P., Aho, J., Achtschin-Stieger, S., Andruszkiewicz, A., Coffey, A., Felsmann, M., Klein, R., Mikkonen, I., Oleksiw, K., Schoofs, G., Soares, C. & Sourtzi, P. (2016). European Core Competences Framework for Health and Social Care Professionals Working with Older People. Available at <http://ellan.savonia.fi/>
7. Schoofs G., Coffey A. Sourtzi P., Stitzel A., Zijlak T. (2016). Motivating health and social care students to choose a career in Gerontology through innovative education. Available at <http://ellan.savonia.fi/>
8. Sourtzi P, Sarla E, Äijö M, Turjamaa R, Hobbelen H, Weening L, Ylinen E-R (2018). Most common health issues of older people. In Roodbol P, Dijkman B, Mikkonen I (eds.). Older people Improving health and social care-Focus on the European Core Competence Framework. Springer ISBN, 978-3-319-97609-9, pp.33-74
9. Mikkonen I, Sourtzi P, Turjamaa R, Ylinen E-R, Finnema E, Veet J van het (2018). Trends and developments in health care and social services. In Roodbol P, Dijkman B, Mikkonen I (eds.). Older people Improving health and social care-Focus on the European Core Competence Framework. Springer ISBN, 978-3-319-97609-9, pp.103-138

ORGANIZATIONAL AND ADMINISTRATIVE ACTIVITIES

1. Director of the MSc Crisis & Disaster Management and Public Health Nursing
2. Coordinator of the Internal Evaluation Committee
3. Counselor of Students with Disabilities
4. Dep. Member of the National Council for the Development of Nursing

MEMBERSHIP IN SCIENTIFIC and PROFESSIONAL ASSOCIATIONS

1. National Nurses Association & Member of the Primary Health Care/Community Nursing group
2. Nursing Studies Society
3. Hellenic Association of Gerontology and Geriatrics (vice-president) (www.gerontology.gr)
4. FFN-Hellas

HONORARY AWARDS

- Hellenic State scholarship for postgraduate studies abroad 1991-1995